

Between the Groynes



Edition 13 12th January 2016

FROM THE PRESIDENT'S PEN

Dear Members,

It was great to see so many members contribute to make the junior carnival which was held on our beach last Saturday such a wonderful success.

To Ian Smallwood our Junior Director and all that assisted we again have left an impression that Sorrento knows how to run a very successful and stream lined carnival.

Unfortunately the one thing out of our control is the invasion of stingers.

A club as one is a club of strength!

Rob Doherty
President

YOUTH NEWS

This Sunday 17th due to carnival and low numbers there will not be a youth session running, but please come down for the club swim and you are welcome to help out with one of the younger age groups if you would like. Also make sure you are recording all your activities so we can update your yips booklets.

On the 16th January there is a proposed **have a go day** for the **NCTC and The Joondalup Brothers Rugby club**. Starting at 7:00am and going through till 11:00am. We Would like as many seniors as possible to come along and help to ensure these clubs have an enjoyable experience on the beach.

SoCafe Operating Hours

Wednesday & Friday Club Dinners

Meals 6:00 - 7:30pm
Bar from 6:00pm

Saturday Breakfast

7:30-9:30am

Sunday Coffee & Muffin \$5 Special

8-10am

For all up to date & current information follow us on facebook

SOcafé at Sorrento Surf Lifesaving Club

EVENTS

January 2016:

- 13/01 : Competition Committee Meeting
- 13/01 : Beach Committee Meeting
- 16/01 : Ocean Swim Series 5
- 16/01 : Masters Friendly
- 16/01 : Club Mile Swim
- 17/01 : SunSmart Premiership Series Rnd 2
- 17/01 : Surf Boat Series Rnd 2
- 17/01 : Club Swim
- 17/01 : Junior Club Champs 2
- 18/01 : Toad Camp Starts
- 19/01 : BOM Meeting
- 23/01 : Manly Senior Carnival
- 23/01 : SunSmart Country Carnival
- 24/01 : Manly Junior Carnival
- 24/01 : Club Swim
- 26/01 : Ocean Swim Series 6
- 26/01 : Freshwater Carnival
- 30/01 : Senior Club Champs 3
- 31/01 : SunSmart Junior Teams Carnival

February 2016:

- 03/02 : Junior Committee Meeting
- 05/02 : NCTC
- 06/02 : Ocean Swim Series 7
- 06/02 : Bay to Beach Paddle
- 07/02 : SunSmart Surf Premiership Series Rnd
- 07/02 : WA Surf Boats Series Rnd 4
- 07/02 : Busselton Jetty Swim
- 07/02 : Club Swim
- 09/02 : Beach Committee Meeting
- 09/02 : Junior Players Tea Qualifier
- 12/02 : NCTC
- 13/02 : SunSmart Junior Beach Qualifier
- 13/02 : Ocean Swim Series 8
- 14/02 : SunSmart Junior Water Qualifier
- 14/02 : Club Swim
- 16/02 : BOM Meeting
- 17/02 : Competition Meeting
- 19/02 : Junior Red Faces
- 21/02 : SunSmart Premiership Series Rnd 5
- 21/02 : WA Surf Boat Series Rnd 5
- 21/02 : Club Swim
- 21/02 : Junior Joint Age Interaction
- 27/02 : Rottnest Channel Swim
- 28/02 : Club Swim
- 28/02 : Junior Club Champs 3

CLUB DETAILS:

Email: admin@sorrentoslsc.org.au

Website: www.soslsc.com

Tel: 9448 1431

OFFICE HOURS:

Mon, Tues, Wed & Thurs: 9:30am – 2:30pm

Fri: 10.30am – 2.00pm

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BUSINESS & MARKETING NEWS – Christine Cougan

Sorrento Old Salts-:

Special thanks to our new maintenance crew, consisting of Don Preiato as coordinator and crew members; Bob Lindsay, Doug Lacklison, Muz Latham, Neil Rowse, David Swain, Lyle Arbuckle, Alan, Marlene Ammerer & Pam.

New members welcome!

Contact Christine Cougan:

Mobile: 0403 289 483

E: Business-MarketingDirector@sorrentoslsc.org.au



ADMIN NEWS-:

- Please contact admin if any personal information changes (ie. Address, email or mobile number) and they will update these details with the club.
- Members who recently completed **SRC courses**, your certificates are ready for collection from the office. If you cannot make it during office hours we can arrange to have this posted.

PROJECT NEWS-:

WE WANT YOU!



ARE YOU THE CREATIVE TYPE? WANT TO BE IN MOVIES?

The club is putting together a short film in the support of a grant application.

And we need some creative people to come on board to help.

So if your interested contact Mick

Email: project@sorrentoslsc.org.au

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COMPETITION NEWS – Claire Rafferty

Rego Sheet is up for the 17th January please make sure you write your name on the sheet and pay online asap, closing on the 13th.

Upcoming Events this Month:

Mile Swim

Saturday 16th January 9.00am (Sorrento)

Masters Friendly

Saturday 16th January 12.00pm (Sorrento)

Sun Smart Series Rd2/Boats

Saturday 17th January (Trigg)

Club Champs 3

Saturday 30th January 8.00am (Sorrento)

Remember the Mile Swim and Masters Friendly are on this Saturday the 16th January. Get down to the Beach and have a go!!!!

Congratulations to Macarah Mallis and Charlie Rigby who performed amazingly at the State carnival in Torquay last weekend you both did the club and your state extremely proud. Good luck to Macarah Mallis, Charlie Rigby Jackson Symonds, Sydney Rafferty and Taylah Rafferty who will all represent WA in the Manly and Freshwater Carnivals in the following weeks.

Please be aware if you are not a financial member, not competing for the club or basically not using your ski you will be asked to remove it from the boat shed. If you know this message applies to you please remove your ski, don't wait for an email advising you to do so.

AUSSIES 2016-:

Please make sure if you haven't already put your Touring Forms in please, do so as soon as possible. We also need your size for the Aussies Jackets.

Aussie early bird registrations are out. This is a payment of \$85 until the 4th February then it goes up to \$100. All entries close on the 17th March. Take advantage of the discount and pay as per normal through the gate way. Please make sure you clearly write your name, age group and title it Aussies 2016.

ONLINE PAYMENTS;

https://pnpnet.qvalent.com/OnlinePaymentServlet?cd_community=SLSA&cd_currency=AUD

The events next year will be split over 3 venues on the Sunshine Coast - Qld - Maroochydore (Water events), Alexandra Headland (Lifesaving, Board Riding & Boats) & Mooloolaba (Beach events).

We have secured accommodation at 2 venues in Mooloolaba-:

- **RAFFLES Mooloolaba**
- **MANTRA Group Mooloolaba.**

This is only a 10 min drive from Maroochydore. TRANSPORT WILL BE YOUR OWN RESPONSIBILITY THIS TIME.

Prices range from \$200 per night for a 1 Bed Apartment (2 people) Up to \$395 per night for a 2 Bed Apartment (4 people).

We have a variety of 1 & 2 bedroom apartments that range in price!

Contact: Peta Watkins - 0400 094 482



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Western Suns Team News:-

Congratulations to Sorrento's members of the Western Suns, the WA Surf Life Saving State Team who raced over the weekend in Victoria.

Our two member strong team of Macarah Mallis (Water) and Charlie Rigby (Beach) represented their club and state well and both had some outstanding results on Friday at the Interstate Championships at Torquay. WA finished a respectable third place behind winner Queensland and runner-up New South Wales, holding off home team Victoria.

Macca and Charlie then had a further two days of racing with the Jim Wall Ironman event on Saturday at Torquay and the LSV Fairhaven Carnival on Sunday at Fairhaven Beach.

Macca and Charlie will be joined by Sydney and Taylah Rafferty on the plane next week as they head to the Manly and Freshwater Carnivals. With a senior carnival this weekend at Trigg this offers our athletes the perfect month of quality racing as well as opportunity to see where they place on the national stage.

Well done to our Sorrento stars.

Regards,
Andrew Ridley



You are invited to join us at Sorrento SLSC for a bit of friendly masters' rivalry before our big meet at State Masters 2016. Use this event to hone your skills before the big day.

Please email adminassistant@sorrentoslsc.org.au to register your clubs entry by **Tuesday 12 January 2016** and provide us with numbers for light refreshments at the end of the carnival where you can share your triumph and bragging rights.

Registration is at 11.30am for prompt start at Noon

These events in the past have been great fun as we mix it up to form teams and novelty events.

The more the merrier – if you ever wanted to know what it's all about without the pressure of competition, this is where to start... step outside your comfort zone and have a go at an event you have never tried before...who knows maybe you're your club's next Masters Champion in the making.



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CLUB SERVICE NEWS – Leanne Lewis

So Café Wednesday Night Dinner Service

Dear Members,

Due to unexpected welcoming increased in support for our restaurant meals on a Wednesday night, we have realised we need to make changes to the menu due to resolve the delay in service.

This will ensure that our members do not have a long waiting time for their meals to be served and our service be more prompt. We apologize for the delays last week.

On Wednesday, 13th January, the menu will be:-

Adults \$12

Spiced Apricot Chicken with rice
Beef Goulash with rice or
Chicken Ceasar salad

Nipper \$7.00

Nippers burger
Nippers serve of Beef goulash & rice or
Nippers serve Apricot Chicken & rice

For table reservation, please email
barmanager@sorrentossc.org.au or text
0437 453 884 to make a booking.

Regards,
Mike Wren (Bar Manager)



Keep free the next Sundowner at the Club on Saturday 16th January 3.30pm-8pm.

Fabulous live music from our very own Russell & Gary duo "RED".

The Masters friendly carnival takes place at our beach on this day so it will be a great afternoon down at the club. Come along on the 16th and invite family & friends for a casual afternoon in the courtyard listening to this duo and enjoying some nice cold drinks at club prices.



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LIFESAVING NEWS – Garry Bunford

Patrol News-:

Great assistance given to the junior carnival on the weekend by Pollock Patrol:
Lots of stingers in the water and one person needed an Ambulance as a precaution.

The beach committee would like to thank all of our patrol captains:

Geneff Patrol	Kerri Fennel
Richardson Patrol	Ron Morris
Shelton Patrol	Colleen Blevins
Arbuckle Patrol	Leif Hinrichsen
Arthurs Patrol	Mal Judge
Brookman Patrol	Sue Zehnder
Evans Patrol	Simon Kanakis
Harding Patrol	Peter Watkins (watto)
Leevers Patrol	Kath Ryding
McDonald Patrol	Jacqui McGregor
Pollock Patrol	Marc Saupin
Richards Patrol	Paul Berry
Robson Patrol	Eamon Ryan
Austin Patrol	Ian Smallwood
Williams Patrol	Craig Gamble
Duncan Patrol	Dick Lane
Rose Patrol	Bernie Williams
Rogers Patrol	Garry Bunford

IRB Crew Course News-:

Details:

Where: Sorrento SLSC

Dates: Thursday 28th January 6.00pm, Saturday 30th January 5.00am and Saturday 6th January 5.00am
(only if needed)

Prerequisites: Be at least 15 years of age on the date of final assessment, hold and be proficient in the SLSA award and must have a Bronze Medallion.

Please contact the office if you want to complete the course.

Visiting Clubs to our Beach-:

On the weekend we had an IRB crew using paddles in front of the whole junior carnival apparently they were bored – Please do not do this sort of thing during major events it just does not look good and takes away the focus off in this case the Junior Carnival on to them.

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JUNIOR NEWS – Ian Smallwood

Junior Carnival 2 Sorrento-:

Well done to all the competitors that took part in the carnival at our beach on Saturday. It was a great effort for all of the nippers that swam on Saturday and had to swim through all of the jellyfish. Another great feat performed by all of the age managers and their helpers getting the Nippers ready for the carnival and endeavouring to get them to their events.

Also I would like to thank all of our helpers. **Damian Smallwood** for helping on Friday set the string lines and helping peel 20kgs of onions. **Murray Geneff** who grabbed 6 of the 8 trailers from surf house on Thursday and backed it all up on Saturday helping set up and pack up the beach and then return trailers. He also managed to amuse the masses with his shenanigans in the sand near the boat ramp.

Ronnie and The Beach boys did a fantastic job setting up the beach and doing the runs for supplies then packing it all away at the end of the day. **Keiron Burke** for picking me up at 4.00am to get down to the club early enough to get the trailers on the beach prior to Ronnie and the boys arriving. He stayed for the set up and then had to go to work. After finishing work he came back to the club to help pack up and was the last one working as he pulled the last trailer back to surf house, arriving back to the club at about 4.30pm.

Paula Burke for putting in my orders and picking up the meat and delivering it to the club. Fantastic effort Keiron and family. **Kylie** for picking up the rolls and delivering them to the club and then helping serve the masses. **Darren** for manning the BBQs for the whole time and then helping pack up. **Naomi** for helping prepare the food and serving. The Nippers **Jordan and Nicole** that also helped serving. **Kerry and Shannon** in the office for all of their great work leading up to the event.

The clothing shop staff. Debbie Vickery fantastic effort looking after the Sacred Heart parking area ALL ON HER OWN. **Mike and his staff** great job people as always. **Rob** for helping coordinate and set up. **Julie Smallwood** for putting up with me leading up to the carnival and then pitching in from 5.45am slicing the onions, prepping the officials morning teas, making all of the rolls (78), slicing all of the fruit for the platter, then helping on the BBQ until it was time to serve the officials and then feed the helpers that went back to the club for a drink. Last job returning the bread crates to Bakers Delight at Belridge shopping centre 4.30pm.

We had lots of helpers and I may not of named you all but I still want you to know that your help was greatly appreciated. THANKYOU!

Junior Club Championships round 2, 17th January-:

We will be holding round 2 of the Junior Club Championships on Sunday 17th January. Please ask the age managers if they need help as it takes a lot of organising to run club champs.

Country Carnival 3, 23rd January Bunbury-:

This year the country carnival is being held in Bunbury. If you are planning on going you need to think about getting your entries in now. Bunbury is about a 2hr drive from Perth, so if you haven't already booked accommodation you could drive down on the day.

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Junior Teams Carnival 4, Leighton 31st January-:

I know it is a long way off, but you really need to think about entering your Nippers for this carnival ASAP as it is all team events and your child's age managers need to start working out teams for each event. Club Champs 1 and 2 will be used to determine the teams.

Junior RED FACES Competition 19th February-:

It's almost that time again and we don't want any groups with "Red Faces" as they haven't got an act. Hopefully all of the age groups are working on their "Red Faces" skits ready for the big event. More details in future newsletters.

Ian Smallwood
Junior Activities Director
juniordirector@sorrentoslsc.org.au
Mob: 0430 046 215

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Tottle Partners North Cottesloe Sunset Sprints

Friday, January 15, 2016

<http://www.trybooking.com/175184>

Tickets: \$10 for spectators includes 1 x drink
\$60 per crew includes entry into function and food
Presentations and entertainment to commence after racing
Racing starts at 5.30pm, doors open 5pm



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