

Between the Groynes



Edition 13 : Tuesday 8 November 2016

FROM THE PRESIDENT

Dear Members,

On behalf of our board of management team we would like to make special mention and Thank the 40 plus members that gave up their early Sunday morning to attend the Abalone patrol.

Your commitment and efforts are greatly appreciated.

The installation of the safe beach enclosure commenced yesterday, the area of beach between the northern groyne and the marina wall is closed during the week.

The intention is to have this area of beach re-open for our nipper program this Sunday.

It is anticipated that the completion of the enclosure will take approx 3 weeks.

A club as one is a club of strength!

**Rob Doherty
President**



Upcoming Events

November 2016

13/11/2016 – Junior Club Champs

19/11/2016 – Ocean Round 7

19/11/2016 – Boats at Mullaloo

December 2016

2/12/2016 - BeachSAFE Appeal Street

3/12/2016 - Senior Beach R4

3/12/2016 - Junior Beach R3

Club Details:

admin@sorrentoslsc.org.au

www.soslsc.com

08 9448 1431

Office Hours:

Monday – 8am – 4pm

Tuesday – 8am – 4pm

Wednesday – 11am – 7pm

Thursday – 8am – 4pm

Friday – 8am – 4pm

So Café Hours:

Wednesday – 6pm – 7:30pm

Saturday – 7:30am – 9:30am

Sunday – 7:30am – 9:30am

Uniform Shop Hours:

Wednesday – 6:30pm – 7:30pm

Sunday – 8am – 9am



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Business and Marketing – Christine Cougan

Thank you to Project Artichoke for supporting our small business club for the 2016/17 season.

Project Artichoke is a boutique Landscape Design and Project Management business situated in Perth, Western Australia. With a passion for the outdoors and contemporary design, we can tailor any landscaping project to suit your exact needs.

From residential homes to large commercial projects, the heart of our design comes from a multi-layered approach, providing our clients with a professional but personal style. Not only do we strive to create beautiful and inspiring outdoor spaces, but it is paramount that the client receives the finished landscape they imagined.

Phone: +6141 795 1710

Email: admin@projectartichoke.com.au

Website: <http://www.projectartichoke.com.au>

**PROJECT
ARTICHOKE**
Landscape Design & Management

Lifesaving – Garry Bunford

Great turn out for Sunday morning Abalone. We would like to thank everyone that turned up for the patrol. There was lots of activity and everyone did a great job!

Hyperthermia – a lady was treated by:

Hayden Krammer

Helen Bunford

Mal Judge



Single Tube Rescue:

Great work done by Jeremy Plint who swam out past the break to assist a person. Well done to Colleen who was the Zone 3 coordinator. I was so proud of how well everyone worked together on Sunday.



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Education Courses

For 2017 we are changing the way we manage the clubs non-commercial training courses. We now have a calendar of courses for the full year (see below). This calendar will be put on the club website and kept up to date. Once we are through a brief transition period we believe this new approach will provide considerable clarity and choice for all members.

Education Courses 2017

		Start Date	Days	Duration	Trainers	Notes
January						
February	Bronze	04/02/2017	Sat/Thurs	6 weeks	Ian + Julie S	
	SRC			5 weeks		
March						
April	Bronze			6 weeks		
	SRC			5 weeks		
May	IRB Crew			3 weeks	Evan	
June	IRB - Drivers	27/06/2017	Tues/Sat/Sun	8 - 10 weeks	Evan	IRB States 24/25 June School holiday 1 - 16/7/17
July	Bronze - Youth	03/07/2017	Mon - Sat	1 week		
August	ARTC			1 day		
	Pain Management			1/2 day	Stephen + Garry	
September	Bronze - Youth			6 weeks		
	SRC - Youth			5 weeks		
	ARTC			1 day		
	Pain Management			1/2 day	Stephen + Garry	
October	Bronze - Youth	03/10/2017	Tues - Sun	1 week		School holiday 23/9 - 8/10
	Bronze	10/10/2017	Sat / Tues	6 weeks	Eamon + Simon	Start after school hols School holiday 23/9 - 8/10
	SRC - Youth	02/10/2017	Mon - Sat	1 week		
	SRC			5 weeks		
November	Bronze			6 weeks		
	IRB Crew			3 weeks	Evan	
December						

To participate in any course you need to firstly check that you meet any pre-requisites.

Then contact the office and nominate for a specific course (eg the February bronze, not just a bronze). If the course has a fee and/or pre-learning you will pay that fee and get access to the pre-learning when you sign up. We will no longer be holding general expression of interest lists or waiting lists. Any old lists have been cleared so if you have previously expressed an interest in a course for 2017 then you will need to check the calendar and nominate for one of the courses shown. These are all the non-commercial courses. Commercial courses such as Senior First Aid are run separately. Pain management is by invite only.



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Competition – Claire Rafferty

Congratulations to all that competed over the weekend at North Cott and Quinns Beach. We had some great results and wonderful conditions. Please make sure you have put your name on the rego sheet for the next carnivals at Mullaloo and Secret Harbour. Jess has also put the other Rego sheets up for the rest of the carnivals this year.

Carnivals in October/November:

Ocean Rd 7 – Ski and Board (Secret Harbour) Saturday 19th November

Boats Rd 2 – Boats (Mullaloo) Saturday 19th November

Rego Sheets are up on the board. Please remember if you put your name on the sheet and do not attend or pay online you will be invoiced for the payment fee and unable to compete in the next carnival until it has been paid!!!

Ski allocations are up on the Competition Board. Can you make sure if you need to move your craft, could you please do it ASAP!!!

Please make sure you are doing your Rostered patrols. Remember you need 16 hours by December 30th to compete. There are lots of opportunities to make up any hours you have missed.

Don't forget if you want to keep your fitness up Jeff Carter is still doing his Sunday 7.00am morning sessions in the gym all active members welcome. Also athlete's compulsory gym sessions are on Mondays and Wednesdays now with Jeff at 6.30pm, your attendance is important to your development in your chosen disciplines!! Also please be aware the gym is only for athletes training with Jeff at these times. Under 14 – Masters Athletes these are sessions that have been designed for you!!



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Club Services – Peter Watkins

Wednesday Night Menu at So Café

Indian Night - \$12

Chicken Korma

Spiced Beef Curry with Coconut and Yogurt

Vegetarian Red Kidney Bean Curry

Chicken Caesar Salad

All bookings to Krystal on 0405 492 850

Uniform Shop

If you have ordered a black ocean jacket please come and collect it before the end of the month. The uniform shop is open every Wednesday 6.30-7.30pm and every Sunday 8-9am. If these times don't suit please email me and I can meet you at the shop most days.

If you no longer want the jacket please let me know and I will put it on the shelf to sell.

All remaining jackets not paid for by December the 1st 2016 will be put on the racks to sell to other members.

Thanks

Amanda

uniformshop@sorrentoslsc.org.au

The Doctor Paddle

Volunteers required on Friday 25th and 26th for the kitchen, BBQ or cleaning up in the bar area.

If you can help out please email Mike on barmanager@sorrentoslsc.org.au



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Club Photographer

Some of you will know Andrew Mayberry from the photo's he took at the Junior State Titles and IRB championships earlier this year. This year he will be expanding his coverage of the Sorrento SLSC to include more events and Sunday activities. So you will see him wandering around with his cameras and assorted 'long' lens and maybe even a drone or two! If you're unsure, please approach him and ask what he's doing. He is more than happy to discuss what he's up to. Of course if you'd like to pose for him, he'd love that as well!

What's exciting about this is that all the photos will be available for purchase at incredibly low prices and ALL profits will go to the club. You can register to view the photos as they are uploaded each week at <http://www.ishowcase.com.au/event/Sorrento-SLSC-2016-17/3TkJpS>. You can also save your favourites and purchase them in bulk at the end of the year.

Selected photos may also be displayed on our Facebook from time to time. Andrew may also place 'non-identifying' photos on his Facebook page. Examples may look like this:



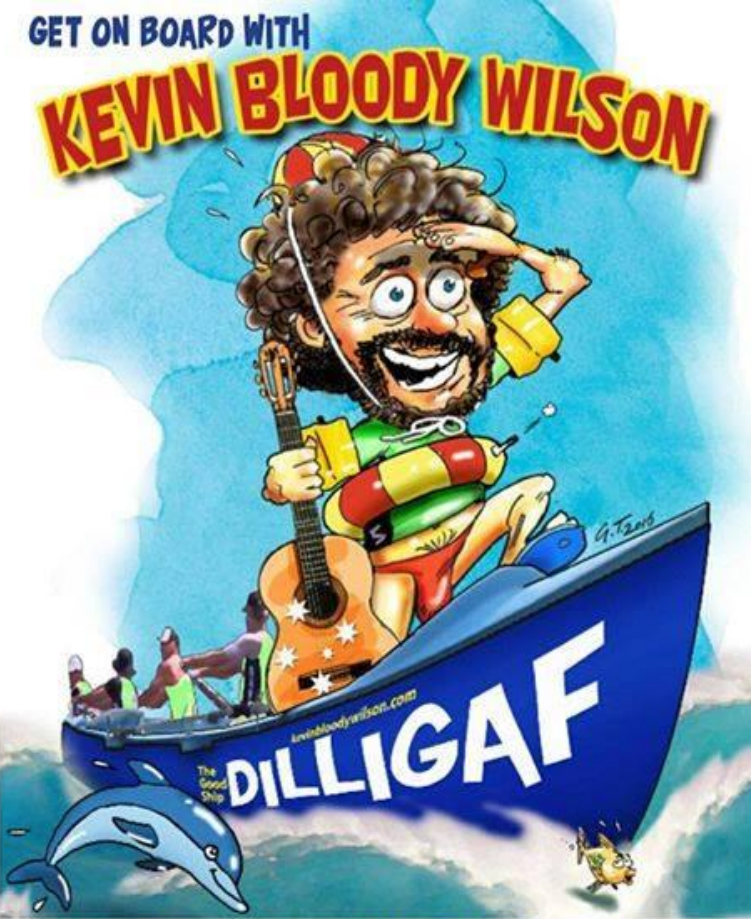
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We do ask that people don't take the photo's without purchasing them. This includes sharing the image link to friends and family. Please buy it first. At \$1.99 we feel it's affordable for everyone but if for some reason you can't purchase it, contact Andrew at andrew@ishowcase.com.au to sort something out. Likewise, if you'd like an image removed, simply contact Andrew.

Please note that purchased photos can be used for all personal purposes but not for commercial use, even if the photo is of your child. If you want a commercial license, please contact Andrew.

GET ON BOARD WITH
KEVIN BLOODY WILSON



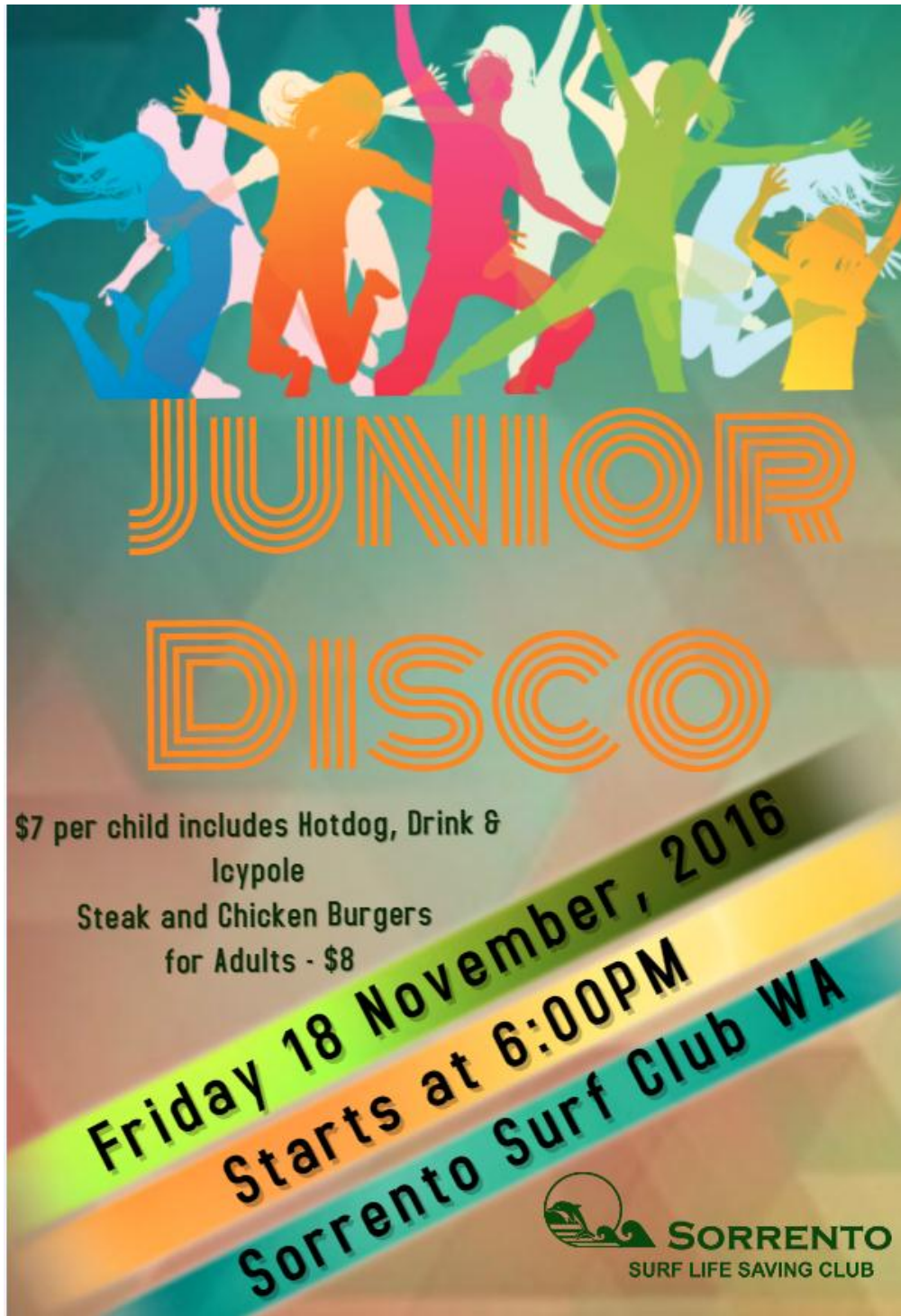
Exclusive Fundraiser for purchase of "The Good Ship DILLIGAF"
FEATURING KEVIN BLOODY WILSON LIVE!
8PM FRIDAY 20TH JANUARY 2017
VENUE: SOSLSC CLUB ROOMS  SORRENTO
SURF LIFE SAVING CLUB

Poster No 000 Tickets \$50.00 each available at Club only



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JUNIOR DISCO

\$7 per child includes Hotdog, Drink & Icy pole
Steak and Chicken Burgers
for Adults - \$8

Friday 18 November, 2016
Starts at 6:00PM
Sorrento Surf Club WA

 **SORRENTO**
SURF LIFE SAVING CLUB

