

Between the Groynes

Edition 14 7th April 2014



FROM THE PRESIDENT'S PEN

The Aussies are over for another year and Sorrento was well represented on the national stage from all senior areas of the club. Sorrento's Liam Ryan had the honour of delivered the athletes oath to open the championships as well as securing a fourth place in the Open Male Surf Belt race along with Eamon Ryan, Andrew Ridley, Brenton Rose and Peta Watkins.

Jackson Symonds took out the gold medal in the Open Male Beach Sprint as well as the Open Male Beach Relay along with Sam Deans, Paul Kappeler and Aaron Bell. See all of the results in the newsletter.

Big thanks to all of our coaches, officials, and everyone who helped out to make this a very successful championship for our club.

Don't forget Presidents marathon this Sunday morning 9am

Members General Meeting this Sunday 13th April at 2pm

Club Constitution

Food and Beverage

The constitution committee has been working hard over the season revamping and modernising our club constitution. The constitution committee will be presenting the proposed amended constitution to the members at a special General Meeting to be held on Sunday 13th April at 2pm so that members have a chance to fully review the amendments before the AGM in June.

The Board would also like to take the opportunity for an open discussion with members on the future direction of our food and Beverage area and obtain members thoughts and feedback

Leif Hinrichsen

President

EVENTS

APRIL 2014:

- 13/04: Presidents Marathon
- 13/04: Life Members Breakfast
- 13/04: Members General Meeting
- 18/04: Good Friday
- 20/04: Easter Sunday
- 21/04: Easter Monday
- 25/04: ANZAC Day
- 27/04: 2014/15 IRB Series Round 1

CLUB DETAILS

Email: adminassistant@sorrentoslsc.org.au
Website: www.soslsc.com
Tel: 9448 1431
Mobile: 0413568155 (AH)

OFFICE HOURS:

Mon, Tues & Thur : 9:30am – 2:30pm
Wednesday & Friday : Closed

SO Café News

The kitchen is getting an end of season clean out therefore there will be no food this Wednesday night. Bar will still be open Wednesday and Friday as usual.

ANNUAL DINNER

If you haven't already booked your tickets for the Annual Dinner & Awards Night you'll need to do so quickly as tables are filling up FAST. *This is the event of the season and one not to be missed.*

ANNUAL DINNER & AWARDS NIGHT

-17 MAY 2014 -

LAKEVIEW BALLROOM JOONDALUP RESORT

BLACK TIE DINNER/DANCE

GET YOUR TABLES OF 10 TOGETHER

\$100 PER HEAD (Payment can be made via the Gateway or to the Office)

Includes 3 course meal; 5 hour drink package and live band

PRE-DINNER DRINKS FROM 7PM



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1 | Page



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COMPETITION

AUSSIES 2014 – AUSTRALIAN SURF LIFE SAVING CHAMPIONSHIPS

We are extremely proud of our competitors, coaches, officials, IRB crews and supporters who were involved with the last week of competition. We are proud of achieving 10th place overall which includes 6th in the Masters and 29th in the senior competition. We proudly finished 4th against all the Western Australian teams. A special thanks Claire Rafferty and all the team for making this a successful Championships.

Coverage of this competition will be televised within the next few weeks

Australian Surf Life Saving Championships

Gold Medal Open Male Beach Sprint **Jackson Symonds**

Gold Medal Open Male Beach Relay **Jackson Symonds, Sam Deans, Paul Kappeler and Aaron Bell**

Bronze Medal U17 Male Beach Flags **Iyan Fenner**

Bronze Medal U15 Male Surf Board Riding **Jack Merson**

4th Open Male Surf Belt **Liam Ryan, Eamon Ryan, Andrew Ridley, Brenton Rose and Peta Watkins**

4th U17 Male Beach Flags **Iyan Fenner**

4th U19 Male Beach Relay Team

5th U15 Female 2km Beach Run **Macarah Mallis**

5th U15 Female Surf Team Team

6th U17 Female Single Ski **Asa Nowell**

6th U15 Mixed 5 Person **RnR Team**

6th U19 Male Beach Flags **Jakob Zeller**

Australian Surf Life Saving Masters Championships

Gold Medal 45-49 Female Beach Flags **Peta Watkins**

Gold Medal 30-34 Female Beach Flags **Stefanie Yujnovich**

Gold Medal 65-69 Male 1km Beach Run **David Norton**

Gold Medal 55-59 Female 2km Beach Run **Rita Berry**

Gold Medal 140 yrs min Female Beach Relay Team A

Gold Medal 140 yrs min Male Beach Relay Team A

Gold Medal 45-49 Female Beach Sprint **Peta Watkins**

Gold Medal 60-64 Female Ironwoman **Janie Rowse**

Silver Medal 50 Yrs and Over Mixed Surf Board Riding **Anthony Bakker**

Silver Medal 60-64 Female Beach Flags **Janie Rowse**

Silver Medal 30-34 Female Beach Flags **Melissa Bove**

Silver Medal 170 yrs min Female Beach Relay Team A

Silver Medal 30-34 Female Beach Sprint **Jenny Plint**

Silver Medal 30-34 Male Beach Sprint **Aaron Bell**

Silver Medal 30-34 Female Ironwoman **Amanda Bowman**

Silver Medal 60-64 Female Single Ski **Janie Rowse**

Silver Medal 30-34 Female Single Ski **Amanda Bowman**

Bronze Medal 40-49 Male Surf Board Riding **Troy Morgan**

Bronze Medal 30-34 Female Beach Sprint **Melissa Bove**

Bronze Medal 55-59 Female Single Ski **Rita Berry**

Bronze Medal 60-64 Female Beach Sprint **Janie Rowse**

Full results can be seen on the Aussies 2014 web site.

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2 | Page



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PRESIDENT'S MARATHON

The final event for the season will be held this Sunday, 13th April at 9am. Members should wear their competition caps and pink vests.

Sorrento SLSC – Club Competition Awards

The club competition awards will be presented this Sunday 13 of April 2013 directly following the Presidents Marathon. We look forward to all members and supporters to attend this presentation.

JUNIORS

- **Aussie Titles**
- **Junior Presidents Marathon Results**
- **Parent and Nipper Surveys**
- **Junior Swim Training (Carine High)**
- **Pool Rescue Competition**

Aussie Titles

Congratulations to all of our older competitors that competed over the last week, our club was well represented and we had some excellent results. Our U15 R&R team came in 6th well done kids.

Junior Presidents Marathon Results

These are the results from the Junior Presidents marathon. These have been sent to the engraver and will be handed out once we get them back.

Colour	Boys	Girls
White U14	James Galbraith	Macarah Mallis
	Callum Galbraith	Demi Byrne
Green U13	Tim Berry	Rachel Desmond
		Elli Jones
Red U12	Sandon Page	Chloe Harrison
	Ben Waterman	Carmen Adams
Yellow U11	Harper Baron-Hay	Jessica Madden
	Lachlan Cox	Niamh Gollan
Dark Blue U10	Jay Solly	Brooklyn Seth
	Lucas Wilson	
Black U9	Kaleb Sands	Elsie Adams
Light Blue U8	Jesse Moon	Teaghan
	Asher Wallenborn	Gwen Stone

Parent and Nipper Surveys

Your Age Managers should have by now sent you out the surveys, one is a parent survey and the other is a nippers survey. Could you please take the time to fill out these surveys and return to your age manager or if you're in the Club please put them in the U14 pigeon hole outside the office.

Junior Swim Training (Carine High)

Junior Swim training will commence on Thursday 1st May; returning swimmers are given 1st preference before we open up to Sorrento SLSC members only.

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Edition 14 7th April 2014

Sessions will run:-

Tuesday and Thursday nights : 6.30pm – 7.30pm
Saturday afternoons : 3.00pm – 4.30pm.

This is a great way to build fitness and skills over the winter months.
For more information contact Andrew Ridley on 0408 298 725

Pool Rescue Competition

The summer season is almost over and with winter approaching we are gearing up for Pool Rescue season. Pool rescue racing is a surf life saving sport and carries club points for junior and senior athletes. Held at challenge stadium this competition is run over 4 series events with a state champs. Events are catered to develop lifesaving skills and this is a great way to get some racing up during the off season. The competition is open to U/12's, U/13's and U/14's in Juniors and U/15's, U/17's U/19's, Open and Masters Athletes in seniors.

Athletes will race in the same age group they have raced for season 2013/2014. We encourage anyone who is keen to give this a go particularly anyone currently swimming. Sorrento SLSC will run the first training session in April/May for Juniors and Seniors ... watch this space for more info.

Contact Andrew Ridley on 0408 298 725 for more information

Thanks.
Ian Smallwood
Junior Activities Director.

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The more we order via the Sorrento Surf Life Saving Club order page, the more the club receives to purchase some new equipment for next season. So get the word out there and let's start to order. I've had a look at book and there are some truly amazing offers in there this year.

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