

Between the Groynes



Edition 14 : Tuesday 15 November 2016

FROM THE PRESIDENT

Dear Members,

The beach enclosure is progressing well at the northern end of our beach. You can also see how big the enclosure is going to be.

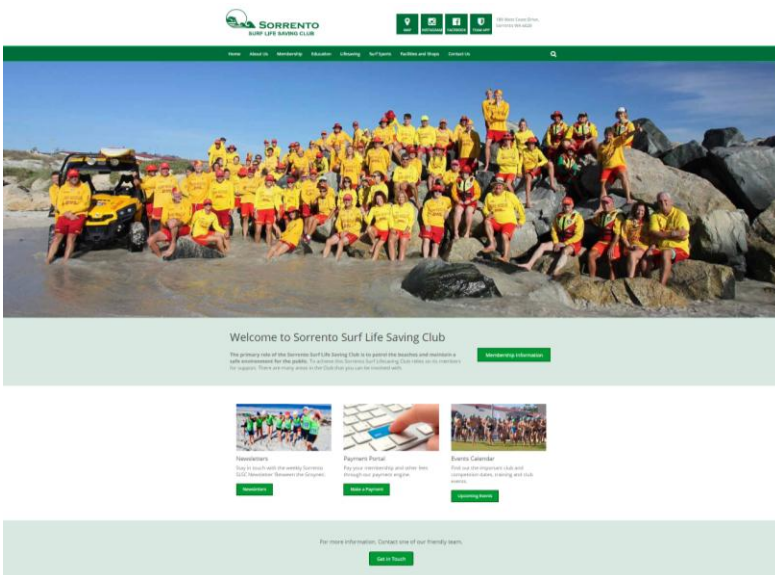
The enclosure should be completed in 2 – 3 weeks. Thank you to all our patrolling members that have been accommodating with moving the patrol around for the beach enclosure company to work on the weekend.

A club as one is a club of strength!

Rob Doherty
President

Business and Marketing – Christine Cougan

Check out our brand new website! Go to www.sosslsc.com



Upcoming Events

November 2016

19/11/2016 – Ocean Round 7

19/11/2016 – Boats at Mullaloo

December 2016

2/12/2016 - BeachSAFE Appeal Street

3/12/2016 - Senior Beach R4

3/12/2016 - Junior Beach R3

Office Hours:

Monday – 8am – 4pm

Tuesday – 8am – 4pm

Wednesday – 11am – 7pm

Thursday – 8am – 4pm

Friday – 8am – 4pm

So Café Hours:

Wednesday – 6pm – 7:30pm

Saturday – 7:30am – 9:30am

Sunday - 7:30am – 9:30am

Uniform Shop Hours:

Wednesday – 6:30pm – 7:30pm

Sunday – 8am – 9am

Social Media:

Facebook – Sorrento Surf Life Saving Club WA

Instagram – Sorrento Surf Club WA

Team App – Sorrento Surf Life Saving Club

Website – www.sosslsc.com



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IRB for Sale

We have 2 IRB's for sale! They both come with an engine! \$11,000 each or nearest offer! If you are interested please email Jess on admin@sorrentossc.org.au

Details for each boat

IRB 1

Manufacture – Thundercat

Make – Thundercat 377

Year of Manufacture – 24/06/2011

No accessories

No defects

IRB 2

Manufacture – Thundercat

Make – Thundercat 377

Year of Manufacture – 04/04/2014

No accessories

Patch at the front of the right hull



Lifesaving – Garry Bunford

Substitution (Proxy)

It is your responsibility to arrange a substitution or commonly known as a proxy. Please ensure that you arrange a proxy if you do not attend your rostered patrol.

Water Safety Required - Champion Lakes

If you are hours down this is a good way to make up your hours by helping with water safety this Sunday for Champion Lakes – Bus will be supplied to take people from the club to Champion Lakes.



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Congratulations to those members that passed their First Aid, ARTC and Pain Management on the weekend

IRB

Congratulations also go to those members that passed their IRB drivers last weekend.



CASUAL IRB DRIVERS & CREW WANTED!

SLSWA provides water safety to many of the events on the coast of WA. We are seeking experienced IRB drivers and crew to be employed on a casual basis for these events.

If you are interested send an expression of Interest to watersafety@slswa.com.au and apply now!



T: 9207 6666 www.slswa.com.au



DRONE OPERATORS WANTED!

SLSWA is about to undertake a trial implementing Drones into our surf lifesaving operations and are looking for experienced lifesavers to be a part of this unique project.

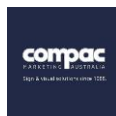
SLSWA Drone Operators will undertake intensive training in drone operations before being deployed across metropolitan and south west beaches across December and January.

If you are a surf lifesaver aged 16 years and above and have an interest in this project then send an expression of interest to watersafety@slswa.com.au and apply now!

Find more information at www.slswa.com.au



T: 9207 6666 www.slswa.com.au



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Competition – Claire Rafferty

Ski Sessions

Please see below for ski training sessions- times are on the water so please ensure you are all stretched up prior:

Monday	
Tuesday	05:30 Les Goodliffe 16:50 John Wilkie
Wednesday	Club night
Thursday	05:30 Les Goodliffe 16:50 John Wilkie
Friday	
Saturday	08:00 Development Session with John Wilkie
Sunday	08:30 Club Swim then ski races

The Wednesday Club run will be back from December onwards when I'll be back in Perth full time (but feel free to start before hand). The 5km run starts at 18:00 sharp so it'll be great to see all ski paddlers down there after which a couple of well-earned frothies can be enjoyed with the club dinner.

Ski Racks

Ski racks are hotly in demand and because there are not enough to go around, I need to ensure that people who have ski racks are actually paddling and not in the business of collecting dust. Despite the recent awesome weather (both calm sunny days and some boomer downwind conditions), there are numerous underutilised dusty skis therefore I would ask those who have racks that you either use your skis by



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attending training, or consider giving them up to a number of active paddlers who are needing to transport their ski to training each time from home.

Dust thickness is inversely proportional to your chances of keeping your rack this season and definitely having one next year.

Sunday Morning

Those of you who are in the Youth squad and are interested in giving paddling a go, please feel free to jump on the back of a double ski made available during Sunday club day. We are happy to take anyone out for a few laps and provide some key tips on paddling technique. Paddles are provided so please introduce yourself or talk to Wendy Goodliffe if you would like a have a go.

Club Skis

Over the next couple of weeks, stickers will be applied to all club skis. Not only will each club ski have the Sorrento colours on the tail, each will be labelled as such:

Red Sticker: Allocated Skis (All Fenn LS's and the new Double

Yellow: Restricted to paddlers deemed competent by either myself or John Wilkie

Blue: Ski's available for those with a bronze and who have asked either myself or John Wilkie for permission

The coloured stickers will be applied to just in front of the rudder hatch.

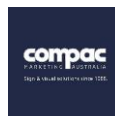
Please ensure that all Club Ski's and paddlers are treated as your own. They need to be carried with care, washed then placed back to where they came from. Ski's are fragile and costly to repair. If one is damaged please let me know so it can be fixed.

Saturday morning IOP Sessions 06:30

The Saturday morning session is an Indian Ocean Paddlers session, and although all are welcome to join it is important we respect the IOP requirement to wear a life jacket irrespective of conditions. Please note this includes club paddlers on spec ski's. Getting comfortable with wearing a life jacket is important as more and more races are requiring it. If you do not have a life jacket and am unsure what to purchase, please feel free to have a chat to myself or John.

Thank you

Brant Tapley



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Club Services – Peter Watkins

So Café Wednesday Night - \$12

Lasagne

Cajun chicken pasta

Chicken Caesar salar

Prime Vera

Garden salad

Please book to Krystal on 0405 492 850

Uniform Shop

If you have ordered a black ocean jacket please come and collect it before the end of the month. The uniform shop is open every Wednesday 6.30-7.30pm and every Sunday 8-9am. If these times don't suit please email me and I can meet you at the shop most days.

If you no longer want the jacket please let me know and I will put it on the shelf to sell.

All remaining jackets not paid for by December the 1st 2016 will be put on the racks to sell to other members.

Thanks

Amanda

uniformshop@sorrentoslsc.org.au

The Doctor Paddle

Volunteers required on Friday 25th and 26th for the kitchen, BBQ

or cleaning up in the bar area.

If you can help out please email Mike on

barmanager@sorrentoslsc.org.au

HELP WANTED



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Lemons - Bar

So Café and the Bar are seeking lemons. If anyone has a lemon tree and would like to donate them drop them at the bar or the office.



Juniors

Junior Disco: Tickets available at the door.

The season is now well under way and we have had our first carnival for the season, well done to all of the Nippers that attended the Coogee carnival.

We have also had our first club champs U10 – U13 well done to all involved and thanks to The Beach Boys for setting up the beach and packing away afterwards.

U8 -U9 club champs will be held on Sunday 4th December. The Junior Disco is this Friday night and parents are reminded that they need to stay onsite. Also volunteers are required to help on the night. If you can help please contact Keiron or myself.

Sorrento nippers has a very high demand for volunteers, as we are the biggest area at the club.

Directors, Senior age managers, water safety, officials, trainers etc. are all volunteers and we are constantly looking for more volunteers to help lighten the load, so if you have any skills that we may be able to use, or are keen to get involved please let your age manager, Keiron, myself or the office know.

Ian Smallwood




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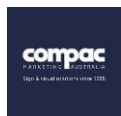
Sorrento Surf Club

sunday drinks




20 November 2016 Live Music Bar Open at 11am

Food for Sale at So Cafe



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JUNIOR DISCO

\$7 per child includes Hotdog, Drink & Icopole
Steak and Chicken Burgers
for Adults - \$8

Friday 18 November, 2016
Starts at 6:00PM
Sorrento Surf Club WA



SORRENTO
SURF LIFE SAVING CLUB

