

Between the Groynes



Edition 16: Tuesday 29 November 2016

FROM THE PRESIDENT

Dear Members,

Expressions of Interest

Do you have experience in Finance or Business Marketing and may be in a position to give some valuable time to help manage our club?

Our current board of management team are seeking candidates with business experience to sit on our board of management team for the 17/18 season and beyond.

If so, register your interest with our admin manager Jess at admin@sorrentoslsclub.org.au and I will contact you in the near future to discuss in some detail.

A big thank you to all members that assisted with both the sky show at Hillarys and the Doctor race which our club hosted.

Your assistance earned valuable funds for our club

A club as one is a club of strength!

Rob Doherty
President

Business and Marketing – Christine Cougan

A big thank you to Shane Burch for his volunteer work around Sorrento clubrooms. The courtyard lighting is wonderful. The club appreciates all your hard work.

Thank You!

Upcoming Events

December 2016

2/12/2016 - BeachSAFE Appeal Street

3/12/2016 - Senior Beach R4

3/12/2016 - Junior Beach R3

3/12/2016 - Senior Beach Rd 4

4/12/2016 - Ocean Rd 8 – Ironman
and swim

4/12/2016 - Boats Rd 1 Navy Boat
Series

11/12/2016 - Lifesaving Rd1 – March
Past, R&R, Belt

17/12/2016 - Senior Ocean Teams Rd1

17/12/2016 - Boats Rd 2 Navy Boat
Series

Office Hours:

Monday – 8am – 4pm

Tuesday – 8am – 4pm

Wednesday – 11am – 7pm

Thursday – 8am – 4pm

Friday – 8am – 4pm

So Café Hours:

Wednesday – 6pm – 7:30pm

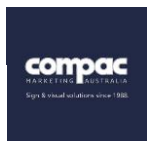
Saturday – 7:30am – 9:30am

Sunday – 7:30am – 9:30am

Uniform Shop Hours:

Wednesday – 6:30pm – 7:30pm

Sunday – 8am – 9am



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New Bronze Sponsor

Thank you to our new Bronze sponsor RJ Electrics! RJ Electrics is a locally owned and operated Electrical Contracting business that has been providing Electrical services for over 40 years. RJ Electrics provides a complete design and installation service for commercial and industrial installations. This includes lighting, power systems, communication and data design and installation. From initial design concepts to project completion and testing, we pride ourselves on our extensive knowledge, experience and quality workmanship.

RJ Electrics Office 9306-8541

Rod Hatchett 0418 956 395

Shane Burch 0412 748 666

PO Box 1649, Wangara, 6065. Email rjelect1@bigpond.com

Beach Safe Appeal

Our BeachSAFE Appeal is coming up on the 2nd December 2016. We have secured the Hillarys Marina on the 3rd and 4th of December as well. We are looking for volunteers to help on these three days.

We will be handing out tins and locations this Wednesday. You will find Rita and Christine in the club hall giving out tins and locations from 6pm. If you cannot make these times please see Jess in the office and she will be able to hand these out to you.



Life is priceless
but even the smallest donation
can help us save one



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Lifesaving – Garry Bunford

Patrol Obligations and Senior Competition

To be able to compete in senior competitions including carnivals, states and Aussies competitors must meet certain patrol obligations and qualifications.

1. The member must be proficient in that they have requalified in their qualification prior to the 31st December or obtained their qualification during the relevant year;
2. The member must not be hours down, in that if you miss a patrol (and could not find a proxy for that patrol), you have made up the hours on a later patrol;
3. The member must do a minimum patrol hours during the season to qualify for states or Aussies – the minimum hours is generally 16 (by the 31st December) but if you obtained your qualification during the year there may be reduced hours requirement – please check with your age group manager if unsure;

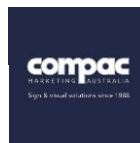
Members must try and find a proxy if unable to attend a patrol (Shelley places hour down on Sorrento facebook pages may help) and if they can't they should advise their patrol captain of their inability to attend. Don't leave your captain and patrol in the lurch.

Patrol Captains

Please be aware of the new competition schedules and do understand that competitors need to make up their hours. When making up patrol hours please ensure that you report to the captain of that patrol before signing on. It is up then to the patrol captain whether he or she allows you to join the patrol. If you would like to do some training while on Patrol you need to make that clear to the patrol captain before signing on. They will generally try to accommodate all reasonable requests but it will depend on the patrol numbers and beach requirements. You may need to fulfil patrol duties rather than train. Also any training needs to be such that you can still survey the patrol areas and contribute to water safety. Common sense and compromise is required from all. However, ultimately the patrol captain is in charge of the patrol and beach for the duration of their patrol and it is their decision who is on patrol and what duties they are required to fulfil.

Patrol hours can be made up when the club is doing water safety for trievents and other water safety activities so there are plenty of opportunities to make up hours.

Remember if you get your patrol obligations wrong before 31st December you may be ineligible to compete at carnivals or State and Aussie Titles next year.



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Hillarys Marina

Thanks to the 20 or so members who turned out to help with First Aid at Hillarys for the fireworks. We had a couple of challenging moments in the water after dark but everyone did a fantastic job. Search and Rescue at night is difficult but everyone went above and beyond and we are very proud you all. Thanks again.

FIRST AID

Next week we will be having a First Aid skills practise session. All welcome but please RSVP. Details will be posted on the Sorrento Surf Club First Aid Community facebook page (ask to join if you aren't already a member).

Garry Bunford

Nine News Nippers – Ian Smallwood

Junior Carnival Leighton

The Junior carnival held at Leighton on the weekend was well represented by our Sorrento Nine News Nippers.

There was some good results on the beach and in the water. Unfortunately we did not get to see the U10s do flags as it was deemed too high a risk on the hot sand.

A big THANKS to Roger and the parents that stepped up to officiate on the weekend so that Sorrento could compete.

Officials

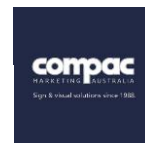
We need officials for:

Swanbourne this Saturday 3rd December 12.30pm. BEACH carnival

Mullaloo Sunday week 11th December 7.00am. WATER carnival.\

If you can assist please let Jess know in the office as officials need to register prior to the carnivals.

Round 3 Beach Swanbourne - Swanbourne beach is hosting round 3 of the junior beach series carnivals this weekend Saturday 3rd December starting at 1.00pm.



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Round 3 Water

Mullaloo is hosting round 3 of the water series carnivals Sunday 11th December starting at 8.00am.

Please let your age managers know ASAP if you are attending this carnival.

Sorrento Nine News Nipper Windup

Our wind up this year will be held on 18th December. Tickets for the rides will be available from the balcony on the day for \$7.00. Please have the correct change.

Santa will be arriving at about 10.00am.

Sorrento Nine News Nippers will recommence on Sunday 8th January.

Ian Smallwood

Club Services – Peter Watkins

Thank you to everyone for all their efforts in making the Doctor such a successful event with takings for the club bigger than 2015. Our new outside bar had great feedback and perfect views for the fire work show at Hillary's.

Friday helpers- Rita and Leanne - all weekend, a huge effort - thank you

Kitchen - Bernadette, Kristie, Ruth Krammar, Di Broad, Amy Christie

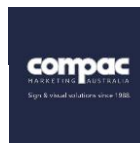
Bar - Peta Watkins

Beach set up - Rob Doherty, Gibbo, John Wilcox, Bobby Johnson, Mal Judge, Poly, Frankie, Muz

Bar, Chris Murray, Hayley, Meredith Douglas, Christine Cougan, Sue Lemmon, Peta Watkins, Peter Watkins, Kristen, Krystal, Adam

Kitchen, Rita, Leanne, Di Broad,

BBQ, Cath, Chris, Mike U, Andy, Rouse



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So Café Menu

Wednesday 30/11/2016 - \$12

Chicken Korma

Vietnamese Pork Croquettes with Sweet Chilli & Lime

Chicken Caesar salad on order

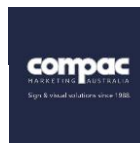
For bookings, contact Krystal on 0405 492 850

The Doctor

The Doctor Paddle from Rotto to Sorrento always seems to find new challenges to throw at the competitors. The 2016 Doctor was no exception. This year, apart from the challenges of crossing 27 km of an unpredictable ocean, we also had the challenge of heat to contend with.

After waiting for several hours in 37 degrees of heat for the start of the race, we headed off in a very light south westerly, which provided little relief for the oppressive heat. Those spectators at the finish line will bear testament to the many bedraggled, exhausted competitors staggering up to the finish line – I being one of them! This underlines the fantastic achievement of our 2 winners of the Doctor Norm Miller Medal. These medals were devised by the genius of

Dave Norton, a legend of sporting challengers and a current finisher this years and previous Doctor Races. His idea was to provide encouragement and a new challenge for our very own group of Sorrento Paddlers. We are proud of our dedicated paddlers who train 3-4 times a week in winter and summer. They are enthusiastic, very supportive of each other and just a great bunch of paddlers.

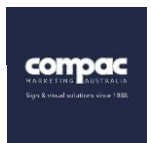


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I am proud and honoured to announce the fastest male and female Sorrento Paddlers for 2016 Doctor Race are Lachlan Farmer (2hr 11min) and Karen O'Connor (2hr 48min). Congratulations to both of you – well deserved.

If you have any doubt about the enthusiasm for downwind paddling of these 2 paddlers, just ask them a question about paddling, and I guarantee you won't get away in under an hour!



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**CHRISTMAS
PARTY**

SORRENTO SURF CLUB

**23 DECEMBER 2016
FROM 5:30PM**

COME AND JOIN US IN OUR
CLUB BAR AND
COURTYARD
OVERLOOKING THE BEACH

BAR OPEN AND BYO PLATTERS

ALL MEMBERS WELCOME

www.sorrentosurfclub.com.au

