

Between the Groynes



Edition 26 11th August 2015

FROM THE PRESIDENT'S PEN

Dear Members,

Congratulations to Andrew Ridley, Zara Byrne, Daniel and Graham Snook for representing both our club and state at the Australian Pool Rescue Championships. Not only was Andrew team head coach he along with Graham came away with some bling.

Jack Merson continues to represent Sorrento with great success; Jack took silver in under 17's State Board Riding Championships and made the final in the Open Category as well.

REMINDER: Your club Board of Management team would like to remind all members of our responsibility in ensuring that lights in the boat shed and change rooms are turned off if you are last to leave.

We are responsible for all utility charges, unfortunately on numerous occasions it has been identified that lights have been left on overnight.

Please also ensure all roller doors are down if you think you are last to leave.

A club as one is a club of strength!

Rob Doherty
President

EVENTS

August 2015:

- 12/08 : Competition Meeting
- 12/08 : Beach Committee Meeting
- 15/08 : Trainers in Service
- 16/08 : Assessors in Service
- 16/08 : **SoSLSC Re-Registration Day**
- 17/08 : SLSWA IRB Trainer Assessor in Service
- 18/08 : Board Of Management Meeting
- 19/08 : **SoSLSC Re-Registration Night**
- 22/08 : SLSWA Annual General Meeting
- 30/08 : City to Surf

September 2015:

- 02/09 : Junior Meeting
- 05/09 : Sun Smart Board & Ski Series Round 1
- 06/09 : **SoSLSC New Member Registration Day**
- 08/09 : SLSWA Assessor Course
- 09/09 : Beach Committee Meeting
- 10/09 : SLSWA Training Officers Course
- 11/09 : New Member Induction Dinner
- 12/09 : SLSWA Member Senior First Aid Course
- 12/09 : SLSWA Assessor Course
- 12/09 : SLSWA Patrol Captains Conference
- 12/09 : Nutri-Grain Ironman Trials QLD
- 13/09 : SLSWA Member Senior First Aid Course
- 13/09 : SLSWA Training Officers Course
- 13/09 : Nutri-Grain Ironman Trials QLD
- 15/09 : Board of Management Meeting
- 16/09 : Competition Meeting
- 19/09 : BOM Strategic Planning Meeting
- 20/09 : Sun Smart Ironman Series Round 1
- 21/09 : SLSWA BOM Meeting
- 26/09 : Lancelin Camp
- 27/09 : Lancelin Camp
- 28/09 : Lancelin Camp

CLUB DETAILS:

Email: admin@sorrentoslsc.org.au
Website: www.sosslsc.com
Tel: 9448 1431

OFFICE HOURS:

Mon & Tues - Thurs : 9:30am – 2:30pm
Wednesday : CLOSED
Friday : 9:30am – 2:30pm

Sorrento Surf Life Saving Club

RE-REGISTRATION DAY!

When: Sunday 16th August 2015

Time: 1pm-4pm

Where: Sorrento SLSC Hall

Help is needed for re-registration day; if you are available please contact admin on 9448 1431.

Re-registration Night will be held on the 19th from 5-8pm.

Partnering Sponsor



Gold Sponsors



Bronze Sponsors



Between the Groynes

Edition 26 11th August 2015

BUSINESS & MARKETING NEWS – Christine Cougan

NEW SPONSOR TINT WORKS!

Tint Works is a group primarily made up of what were SunGard window tinting superstores. SunGard previously had over 80 stores around Australia. Over the last couple of years and with the change of suppliers, due mainly to the GFC, we have rebranded the group to reflect the evolution of the company and its approach to offering the best products and service available. Tint Works will play an important role in a lot of people's lives as we all become more aware of the benefits of window film like stopping harmful UV rays and saving our precious energy.
Call: 1300 Tint Works



ADMIN NEWS:

Please Note Admin Office Hours will change as of next week Monday 17th August.

New Hours Below-:

Monday: 9.30am-2.30pm
Tuesday: 9.30am-2.30pm
Wednesday: 9.30am-2.30pm
Thursday: 9.30am-2.30pm
Friday: CLOSED

HELP NEEDED:

Cabinet Maker: Looking for a Cabinet Maker to make a new trophy cabinet for the hall. If anyone can help and could send us a quote it would be greatly appreciated. Please contact admin on 9448 1431 or admin@sorrentossc.org.au

Telstra: Looking for somebody who works for Telstra as a full or part time employee for a Kids Grant. Please contact Mick Saunders on Project@sorrentossc.org.au



IMPORTANT: TITIAN FOBKEYS-:

Please note, your access Fob Key will be deactivated as of Monday 31st August and reactivated during this week on receipt of re-registration payment and re-activation by your attendance during the below mentioned week.

As of Monday, 31st August 2015 The Titian FobKey system will shut down.

Registration of Fob Keys will be from-:

- Monday, 31st August to Friday, 4th September from 7:00am to 3:00pm
- Late Night for Registration of Titian FobKeys will be-: Wednesday, 2nd September from 5:30 - 7.30pm.

Should you have any concerns regarding the above or would like more information. Please do not hesitate to contact our Administration Manager, Kerry on 9448 1431 during office hours 9:30-2:30 Mon; Tue; Thur & Friday.

Partnering Sponsor



Gold Sponsors



Bronze Sponsors



COMPLETE CABLING & Construction

weststylefinance

Ph: 9240 6730

Between the Groynes

Edition 26 11th August 2015

MEMBERS PORTAL LOGIN INFO-:

CURRENT MEMBERS LOGIN TO THE New Member Portal following the below link-:

https://portal.sls.com.au/wps/portal/member!/ut/p/b1/04_Sj9CPYkssy0xPLMnMz0vMAfGjzOKNXEL9vL3dDQ0sPCxdDTxdXZyDjI2CDSzCzIEKIoEKDHAARwNU_e5mLs5A_W7GAR7ulcYGwWZQ_XAF_iHGZgaeAT6BYV6-wQYGJobE2Y_HAgL6w_WjUJVgcQFYAR4v-nnk56baF-SGhkYYZJkAALVSFbs!/dl4/d5/L2dJQSEvUUt3QS80SmtFL1o2XzJEVU5LS0cxMDhIOUuwsUVEQ1IzMIMwOFY3/

New and Lapsed members; if you're not sure if you're a member or if you haven't been a member for two surf seasons, click on the link below to activate your membership on the *NEW* member portal

<http://sls.com.au/join>

Getting Started with the *New* Member Portal Guide

If you're feeling unsure about creating your *New* Member Portal please read this short two page guide which will assist to creating your account. Click on the below link.

<http://sls.com.au/sites/sls.com.au/files/downloads/Information%20Technology/User%20Guides/SLSA%20Members%20Portal%20Account%20Guide%20-%20Getting%20Started%20v1.3.pdf>

SLSA Portal Account Guide - Getting Started

The SLSA Portal is a one-stop shop for all of the organisation's member's online needs. It is designed to unify what are currently entirely separate websites and databases into one online; soon every single SLSA service will be available through the Portal. The Portal is located at **portal.sls.com.au**.

It is for use by active, registered members of surf clubs, support organisations and Lifeguards. If you are not a member of the organisation you will not be able to create Portal account.

What's in the Portal?

- News, Announcements, Events and Jobs across the entire organisation
- An organisation document library including Branches and Clubs
- Lifesaving Online – Renew and/or Update Membership Details, View Awards and
- Patrol Roster/Patrol Hours
- Apply for Service awards and YEP awards
- Member's Forum
- Ability to add your own content (once approved)

Getting a Portal account is easy, follow the steps below.

Step 1. Go to **portal.sls.com.au** and click "Create Account" located on the menu tab next to "Login"

Step 2. Enter Details Correctly

You will now have to enter your First and Last Name, Date of Birth and gender.

Note: a separate account is required for each and every member - there is no 'family' membership linkage available. Choose a confirmation method - either email or mobile phone number, to which a unique code/or link will be sent. The email or mobile you use must be the same as the email/mobile in our National Membership database (Surfguard).

Partnering Sponsor



Gold Sponsors



Bronze Sponsors



Between the Groynes

Edition 26 11th August 2015

Step 3. Choose a Username

Enter a username for your account and click the 'Check Username' button to ensure that your choice is available. Enter a password. It should be between six and 12 characters long and contain at least one number, one lower case and one upper case letter.

Step 4. Activating Your Account

All accounts must be activated before they can be accessed. You will receive a confirmation code/ link by either email or SMS depending on the choice you made earlier.

<http://sls.com.au/sites/sls.com.au/files/downloads/Information%20Technology/User%20Guides/SLSA%20Members%20Portal%20Account%20Guide%20-%20Getting%20Started%20v1.3.pdf>

CLUB SERVICE NEWS – Leanne Lewis

Wednesday nights are club night and the food is hot and the service is speedy. Come on in and have a cheap \$10 meal amongst friends, and support your club and one of its member services.

Don't forget the club is open for a hearty Breakfast on Saturday mornings from 7.30 - 9.30am rain hail or shine. The coffee is good too, on both Saturday and Sunday mornings to warm you up after that early fitness fix.

Is there any young Baristas out there? We are looking for a good coffee maker to help ease the pressure on Katelyn, our lovely and talented lady behind our delicious coffee. Even if you are not trained, but have the desire to learn the skills please feel free to contact Krystal at krystal_kotkis@hotmail.com
You never know, you may be just the one we are looking for.

If there is anyone who can volunteer sometime in the kitchen, helping our cook Bernadett on Wednesday evenings or Saturday mornings for a few hours every now and again, I would love to hear from you, ClubServiceDirector@sorrentosls.com.au

In order to keep our prices down we rely on the help of our wonderful volunteers. This is an easy job and a good way to meet some new people, not to mention a free feed and a drink to make it worth your while.

SoCafe Operating Hours

Wednesday & Friday Club Dinners
(ONLY: last Friday of each month)

Meals 6:00 - 7:30pm
Bar from 6:00pm

Saturday Breakfast
7:30-9:30am

Sunday Coffee & Muffin \$5 Special
8-10am

For all up to date & current information
follow us on facebook

[SoCafé at Sorrento Surf Lifesaving Club](#)

Partnering Sponsor



Gold Sponsors



Bronze Sponsors



Between the Groynes

Edition 26 11th August 2015

COMPETITION NEWS – Claire Rafferty

Congratulations to Daniel Snook and Zara Bryne who represented WA in the Pool Rescue Competition in Queensland. They both produced some amazing results. Also congratulations to Andrew Ridley and Graham Snook bringing home some medals for Sorrento!!

On the weekend we also had Jack Merson, Paul and Troy Morgan represent Sorrento in the State Short board riding Championships. They produced some great results and Sorrento came 3rd overall.

LANCELIN SENIOR CAMP 26TH SEPTEMBER TO 28TH SEPTEMBER. ALL INFORMATION CAN NOW BE DOWNLOADED FROM THE CLUB WEBSITE. REMEMBER FIRST IN BEST DRESSED!!! Camp applications will close at the end of August; please don't leave it till the last minute!

Training schedules are up on the website, remembering junior training will not commence until the end of August/Beginning of September. Senior sprints' training is now back on Monday's / Wednesday's / Friday's and Sunday's!!

There has been great interest in the Ski Development sessions for U15 and up on Saturday morning at 7.30am with a lot of young athletes really developing their skills on the Ski. I would like to thank Dean, Les, Wendy, Peter, Rob and Gibbo for all their support in this area. If you haven't come down yet and want to, you are always welcome.

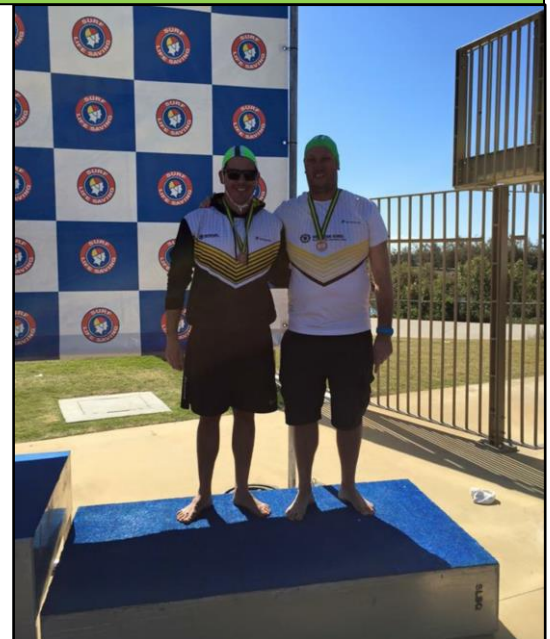
Also a huge thank you to the Skiguls for their continued support in training our more mature athletes on Skis at 9.00am on Sunday mornings.

Don't forget if you want to keep your fitness over the winter months Jeff Carter is still doing his Sunday 7.00am morning sessions in the boat shed, all active members welcome. Also athlete's compulsory gym sessions are on Tuesdays and Thursdays with Jeff at 6.30pm, your attendance is important to your development in your chosen disciplines!! Also please be aware the gym is only for athletes training with Jeff at these times.

Board and Ski allocations are now open for the 2015/16 Season. Please download the forms and hand in to the office by the 15th of August. (Can be found under Surf Sports on the club website).

BRONZE COURSE: If you need to get your Bronze to compete this year please get in contact with me asap so I can put your name on the list for the first course.

VIDEO FROM SENIOR STATE CHAMPS!!: https://www.youtube.com/watch?v=rptx2d_o8f8



Partnering Sponsor



Gold Sponsors



Bronze Sponsors



Between the Groynes

Edition 26 11th August 2015



Limited vacancies to join the Sorrento Stingers! Join 9am any Sunday.



NIPPER STARTER PACKS

\$40

- DRAW STRING BACK SACK
- AGE CAP *
- SUNSCREEN
- WATER BOTTLE
- GOGGLES

*Compulsory items for participation in Nippers
Saving - \$10.50

Please direct all uniform enquiries to:
uniformshop@sorrentoslsc.org.au



Interested in becoming a Lifeguard?!

Applications are being taken now! Close on 31st August 2015.

Apply online: <http://lifeguards.com.au/WA/jobs/>

For more info contact Simon Pepler 9207 6666

Partnering Sponsor



Gold Sponsors



Bronze Sponsors



Between the Groynes

Edition 26 11th August 2015

LIFE SAVING – EDUCATION 2015/16 SEASON

The off season presents an opportunity to do some additional education courses where members may be looking to expand their list of Awards. We are currently looking for **expressions of interest** from **members only** for the following courses listed below. To apply for either course, please complete the **"Expressions of Interest form"** which can be collected from the office – if there is no application form I do not know you would like to do the course and you will not be able to join in on the day! (Expressions are not carried over from the 2014/15 season, you need to complete a new form!)

1. **Provide (Senior) First Aid –HLTAID003**: nationally accredited course. Payment of \$70 must be made prior to the day. We have already conducted one of these courses, however, another course is planned for late August on a Saturday or mid-week if we have 4 or more candidates.
Cost = \$70
2. **Advanced Resuscitation Techniques Certificate (ARTC)** – The next course will be Saturday 1st August. You must already have or have held your Bronze Medallion for surf. Other dates will be available in August if there are sufficient people interested.
3. **Silver Medallion Basic Beach Management** – expressions of interest are being taken. This course is for 18+ only and will give you skills to manage people in Patrol setting as well as other group activity settings.
4. **Season 2015 Re-Quals (Skills Maintenance)**
Yes it is time to start thinking of this! If you have a Bronze Medallion or SRC you will need to do a requalification this season – that **includes anyone** who obtained the Award prior to July 1st 2015, which means all of you!

The Trainers and Assessors will be meeting next week to set the requal dates and is likely to be similar to the last two years – note that the dates set will be strictly adhered to with no "special late opportunities". So if you know you are going to be away mid October to early November you will need to start thinking how you can get requalified before then, not leaving it until December !!

Some "dry" theory sessions will be held during the evening mid week over the next couple of months to help deal with the numbers of people to process, in particular those with ARTC – dates will be announced.

5. **New Bronze Medallion candidates** will also need to complete an **"Expression of Interest form"** as soon as possible; you will be advised of the date for the pre-qualification swim (400m in under 9 minutes) following the Trainers meeting next week. All candidates must be ready to do this swim before they can be allocated to a course, so I strongly suggest you hit the pool now to get your fitness up.
Cost = \$70 for Active 18+ / \$40 for Youth.

Parents wishing to do the **SRC for water safety** will need to complete the **"Expressions of Interest form"** as well; the date for the pre-qualification swim (200m in under 5 minutes) will also be published after the trainers meeting. All U14's and U15's who wish to do their SRC will be advised separately.

Regards
Paul Berry
Education Officer SO SLSC

lifesavingdirector@sorrentoslsc.org.au



Partnering Sponsor



Gold Sponsors



Bronze Sponsors



weststylefinance
Ph: 9240 6730