

Between the Groynes



Edition 29 22nd September 2015

FROM THE PRESIDENT'S PEN

Dear Members,

On behalf of our Board of Management team I welcome all our new members and wonderful existing members for re-joining.

In reference to our junior program we seek the assistance of you the parent. Water Safety is a critical component of the programs conducted on a Sunday morning. I ask that you as a parent become actively involved in our program and gain your Surf Rescue Certificate. This will go a long way to ensuring our Nipper is conducted to the highest standard possible.

Please register your interest with either your Age Group Manager or alternatively contact the office and speak with either Kerry or Shannon.

Deepest sympathy to Graham Nash on the recent passing of his mother, Agnes. The memorial service is to be held this Saturday at Karrakatta Cemetery at 10.45am. On behalf of the Board of Directors, staff and members our condolences to the Nash family.

A club as one is a club of strength!

Rob Doherty
President

SoCafe Operating Hours

Wednesday Club Dinners

Meals 6:00 - 7:30pm
Bar from 6:00pm

Saturday Breakfast

7:30-9:30am

Sunday Coffee & Muffin \$5 Special

8-10am

For all up to date & current information follow us on facebook

[SoCafé at Sorrento Surf Lifesaving Club](#)

Clothing Shop Times:

- Induction Night: 11th September 5 – 8pm
- School Holidays: 7th October 10am – 2pm & 4pm – 7pm
- Commencing from 14th October all Wednesday night's 6.30 – 7.30pm
- Commencing 18th October all Sunday mornings 8 – 9am

EVENTS

September 2015:

21/09 : SLSWA BOM Meeting
26/09 : Lancelin Camp
27/09 : Lancelin Camp
28/09 : Lancelin Camp

October 2015:

03/10 : Grand Final Day
03/10 : Sun Smart Board & Swim Series Round 1
07/10 : Junior Committee Meeting
10/10 : Coolangatta Gold
10/10 : Ocean Swim Series 1
11/10 : Coolangatta Gold
11/10 : Nipper Induction
14/10 : Competition Meeting
14/10 : Beach Meeting
17/10 : Race Around Rottnest
17/10 : R&R Coach & Official Workshop
18/10 : Sun Smart Board & Ski Series Round 2
18/10 : Sun Smart Beach Series Round 1
18/10 : U9-U13 Nippers Start
20/10 : Board of Management Meeting
24/10 : Senior Club Champs 1
25/10 : NCTC New Members
30/10 : Quiz Night
31/10 : Sun Smart Ironman Series Round 2

CLUB DETAILS:

Email: admin@sorrentosls.org.au
Website: www.sosls.com
Tel: 9448 1431

OFFICE HOURS:

Mon, Tues, Wed & Thurs : 9:30am – 2:30pm
Friday : CLOSED

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LIFESAVING NEWS – Garry Bunford

BRONZE & SRC REQUAL DATES

Saturday: 3rd, 10th, 17th, 24th and 31st October
Sunday: 4th, 11th, 18th, 25th October and 1st November

Start: 9AM

This gives you 10 opportunities to do your requalification.

There may also be some opportunities over the next weeks to requal during "Stingers" so if you think you are going to be away during the October period, and then this may present an opportunity for you.

THERE WILL NOT BE ANY FURTHER DATES MADE AVAILABLE AFTER THE 1st NOVEMBER

ALL Bronze and SRC Award holders are required to do the requalification which includes the "Wet" Run Swim Run and Rescues as well as spinal carries for Bronze and "Dry" CPR and theory for all Award holders. Anyone who wishes to compete or Patrol for season 2015 MUST do the requal. Even if you received your Bronze or SRC in early 2015 you MUST still requalify.

If you are not going to maintain either of these Awards this year I would appreciate you letting me know.

We are getting good response for the other Award classes so please get those "Expression of Interest" forms in so you can be contacted by email prior to the course dates. There will be another First Aid course (accredited) running late August on a Saturday if sufficient numbers.

Regards
Paul Berry
Education Officer

Patrol Rosters-:

The patrol roster and patrol teams for the 2015/16 are now available. Copies are attached. You can also find these on the Patrol notice board in the boat shed and also on the Members Portal (Members portal>Lifesaving Online>Patrols). If your name is missing from the list or details are incorrect please contact the office and let them know.

Officials for Sorrento Carnivals Junior and Senior-:

The new season is about to start and our first carnivals will soon be on us. At these events we are required to supply a number of officials, one (1) official per fifteen (15) competitors.

As U14s are now at senior carnivals the officials in that age group have also gone to senior carnivals. U10s have been included in Junior Carnivals and U11s are competing this year which means two (2) new groups will be competing at Junior Carnivals, this leaves a big hole in the number of officials that the club can draw on.

So Garry and Roger will be running an officials course at the club in a couple of weeks and require lots of parents to put their hands up and do this course.

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Seniors are also looking for more officials as this pool is shrinking also.

If you can help please E/mail the office on adminassistant@sorrentoslc.org.au with your name and preferred E/mail address ASAP.

IRB Crew/Drivers Winter Course-:

For the last thirteen weeks a brave mob of members have been down at the club training to get their IRB crew certificate, followed by their Recreational Skippers ticket and finally their IRB drivers certificate. Saturday just gone we had a training session for all candidates and had the first three candidates complete their driver's course in some of the worst conditions that we have seen all winter.

Well done to all of the candidates that passed on the weekend and the rest that will be doing their assessment soon.

SRC Parents Course-:

SLSWA has a policy that requires suitably qualified personnel be in the water as water safety for nipper activities. If we do not have enough water safety for an age group they will not be able to go in the water. Age managers will not be counted as water safety as they are there to supervise the activity and water safety.

All parents that can swim 200m in 5 minutes are encouraged to do The Surf Rescue certificate (SRC).

The SRC course preliminary swim will be held on the 4th October and the course proper will be starting on the 11th October. Cost is \$45.00 which includes the book and resources. This can be paid online through the gateway or in person at the office.

Please E/mail the office with your expression of interest to adminassistant@sorrentoslc.org.au after which time you will receive an E/mail confirming times and dates from the Education officer, Paul Berry.

Regards,
Ian Smallwood
Junior Director

COMPETITION NEWS – Claire Rafferty

Congratulations to the athletes that competed in the Iron man Pre Season Carnival on Saturday.

LANCELIN SENIOR CAMP 26TH SEPTEMBER TO 28TH meeting on Wednesday 23rd September in the gym to give out information and discuss timetable and board and ski transport. If you can't be at this meeting please make sure you can get all information off another athlete.

Registration sheet for the Pre-Season Carnival (Board and Swim Rd 1 Cott 3/10/15 Saturday) is up on the Competition Board. Would be nice to see a few more faces down on the beach. If you are competing please write your name on the sheet and pay \$11.00 online. This will close on Wednesday the 30th September.

Training schedules are up on the website. Senior sprints' training is now back on Monday's / Wednesday's / Friday's and Sunday's!!

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Don't forget if you want to keep your fitness over the winter months Jeff Carter is still doing his Sunday 7.00am morning sessions in the boat shed, all active members welcome. Also athlete's compulsory gym sessions are on Tuesdays and Thursdays with Jeff at 6.30pm, your attendance is important to your development in your chosen disciplines!! Also please be aware the gym is only for athletes training with Jeff at these times.

Board and Ski allocations are now out for the 2015/16 Season. There is a copy on the Competition Board near the woman's toilets. Please make sure you are using the Ski or Board spot you have been allocated. If you have another ski in someone's spot please remove it!

Good luck to all the athletes doing the first Bronze and SRC course for the season.

AUSSIES 2016-:

Can you believe it's that time of the year again... planning for Aussie's 2016.

The events next year will be split over 3 venues on the Sunshine Coast - Qld - Maroochydore (Water events), Alexandra Headland (Lifesaving, Board Riding & Boats) & Mooloolaba (Beach events).



We have secured accommodation at 2 venues in Mooloolaba. RAFFLES Mooloolaba & MANTRA Group Mooloolaba. This is only a 10 min drive from Maroochydore. TRANSPORT WILL BE YOUR OWN RESPONSIBILITY THIS TIME.

It is imperative that you plan ahead and book ASAP as accommodation is limited. Prices range from \$200 per night for a 1 Bed Aptmnt (2 people) Up to \$395 per night for a 2 Bed Aptmnt (4 people).

We have a variety of 1 & 2 bedroom apartments that range in price!
Please contact Peta Watkins ASAP for details & to secure your booking.
Peta Watkins - 0400 094 482

CLUB SERVICE NEWS – Leanne Lewis

AFL Grand Final Day- come and see why everyone has so much fun at Grand Final Day at Sorrento Surf Club. We will have a projector and big screen for the feeling of being almost there. Come along and wear your team's colours and enjoy the many organized activities we will have for your entertainment on the day, not to mention the great raffles. It is always a fun day for young and old and all the family. Will it be an all-West Aus Derby Battle?

NRL Grand Final- is being played the following day on Sunday the 4th of October and the big screen will also be provided for all you rugby fans to make the most of your code and our club.

It was great to see so many people come along to our Induction night and the season launch party the next night. The induction night gave everyone a good insight into how our club runs and all that is available to our members. As I said on the night our cafe and bar are run mostly by volunteers which means we can

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keep the prices very affordable for our members. I think the slogan "we aint fancy but we're cheap" is quite apt. We currently need more helpers in the kitchen and bar so any little bit of help you can provide goes a long way, and contributes to keeping us the cheapest club on the coast. Just give me a hoy on 04903115250 if we can shout out to you to give us a hand once in a while.

Also the clothing shop is opening in the school holidays for a day, times as advertised on front page, and I do advise you to make the effort to come in and get your uniform requirements as soon as you can because it can become very congested in the shop when the season kicks off, and we cannot guarantee what you need will not have run out. We are well stocked at present but can't guarantee how long before the stock is exhausted. Make sure you and your nippers are not disappointed.

The green Fluro Vests will be a compulsory item on the beach for all nippers this season, and they will not be able to participate if they are not wearing one. These will be distributed to each child on the first nipper session of the season by the Age manager at Role call. These cannot be purchased from the shop until after this time. Every child who is enrolled will receive one and one only for free. If it is lost or destroyed then you will be asked to purchase a new one, or your child will not be able to go into the water, so please take care of them.

Wednesday night the 23rd September will see the Indian Ocean Paddlers come in for a feed and hold their AGM in the hall. Just a heads up that if you are eating on this night, it could just be a bit noisier than usual. If you wish to come along and eat it is always best to make sure that you do not miss out by securing your booking by Texting Krystal on 0405492850.

Don't forget Saturday mornings Bernadett cooks a great breakfast and all are welcome.

Please note everyone that the club will be hosting an Art show all weekend in the hall. Breakfast can still be had on Saturday morning and Barista made coffee is on as usual Sunday morning.

Please try and support the club and make use of these services or else we will be losing them over summer, when you will probably miss them the most.

SORRENTO SURF LIFE SAVING CLUB

Save the Date

With some fabulous events planned, we thought you should put these dates in your diary!!

TRIBUTE SHOW!!

Keep the **30th October** free for our first big social event of year!!! Further details to follow shortly about our entertaining impersonator but in the meantime start getting a group together for what will be a great night at the club.

Grand Final Day

Saturday 3rd October
Come and watch the big game on the BIG screens. Bar open from 11am, kick-off at noon. Great food available from the kitchen, great bar prices and lots of raffles, sweeps and more! You can also BYO food/nibbles.

Sunday 4th October
NRL Grand Final will be on the big screens - bar open!

SUNDOWNER!!

The first Sundowner of the season is scheduled to take place on **Sunday 29th November**. Our very own Kevin Kelly & his band "Single Tatedoed Woman" will entertain us in the Courtyard so put this date in your diary 4-8pm.

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ADMIN NEWS

Fob Keys-:

Old fob keys have now been deactivated. If you still require a new fob key please see admin during office hours.

KidSport Voucher-:

Is your child playing a summer sport and eligible for KidSport? Apply now!

The City, in partnership with the Department of Sport and Recreation, continues to administer the KidSport program. You may be eligible to apply to the City for a KidSport grant of up to \$200.00 to assist with the costs of joining a sporting club. For further information and to apply visit the City's website or contact the Club Development team on 9400 4252.

WANTED-:

Needing anyone who is going to Bali in the near future that is willing and able to take some Nipper Boards up. Please contact Kingsley Smith on 0409 992 848 before Monday 12th October.

WANNEROO & JOONDALUP ART SOCIETY

ART EXHIBITION & SALE

FRIDAY : 25 SEPT. - 7 pm.
SATURDAY : 26 SEPT. 9 am. - 5 pm.
SUNDAY : 27 SEPT. 9 am. - 5 pm.
MONDAY : 28 SEPT. 9 am. - 5 pm.

AT **Sorrento Lifesaving Club**

WEST COAST HIGHWAY JUST SOUTH OF HILLARYS

Buy a **RAFFLE TICKET \$ 2.**
Have a chance to win a painting by renowned local artist **Celestine Dyson**
Drawn: **Monday 28th Sept. @ 4pm.**
Winner notified

www.wanneroojoondalupartsociety.com

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