

Between the Groynes



Edition 3 21st January 2014

FROM THE PRESIDENT'S PEN

Well done to all the nippers who braved the heat to compete at the Junior Carnival last weekend I have heard there were some fantastic results. It's great to see all of your hard training paying off. Thanks also to our officials and age Mangers who helped out on the day and also not to forget the mums and dads who help to make the day a success.

Leif Hinrichsen
President

JUNIORS

GENERAL "NIPPERS" COMMUNICATION; TRAINING & CARNIVALS

It was another hot one on the weekend; we had nippers at Sorrento carrying on as usual; welcome back to those families that have been away enjoying the festive break.



With the heatwaves we've been experiencing, it is a timely reminder that we all need to stay hydrated (bring a water bottle to Nippers and drink lots of water) put on sunscreen, put on a long sleeve shirt and a hat. Please take some time to watch the Seagull Slip; Slop; Slap; Seek and Slide video -:

<http://www.youtube.com/watch?v=FzA47J7QsVk>

Also we need every body to start looking after the boards as we are getting a lot of damage at the moment, the consequences are they may be withheld from the group's that don't. If you see someone doing the wrong thing give them a gentle reminder or speak to one of your age managers. If a board is damaged please put a tag on it so that we can identify it for repair, the out of service tags are in your boxes.

Junior Training

Junior training times for this week

Date	Time	Beach	Trainer
Monday, 20 Jan	4.30pm	Sorrento	Ian/Brenton
Tuesday, 21 Jan	5.30am	Sorrento	Brenton
Wednesday, 22 Jan	4.30pm	Sorrento	Ian/Brenton
Friday, 24 Jan	4.30pm	Ocean Beach, Denmark	Brenton
Saturday, 25 Jan	9.30am (2hrs)	Ocean Beach, Denmark	Brenton

EVENTS

JANUARY 2014:

20th – 23rd Rise up Camp
 25th Manly Carnival
 26th SunSmart County Carnival Denmark
 27th Australia Day Public Holiday

FEBRUARY 2014:

1st Ocean Swim Series Round 4 – Cott to Swanbourne
 2nd Sunsmart 2014 Champion Lifesaver Titles
 8th Ocean Swim Series Round 5 – Leighton
 9th SunSmart Surf Premiership Series Round 4
 9th Busselton Jetty Swim
 15th SunSmart Champion Patrol Titles
 15th Ocean Swim Series Round 6 – Cockburn Crawl
 16th SunSmart Junior State Qualifier Carnival 4
 Beach events Saturday 15th
 Water events Sunday 16th
 16th Ocean Swim Series Round 7 – Esperance Freight
 22nd Rottneest Channel Swim
 23rd SunSmart Surf Premiership Series Round 5

CLUB DETAILS

Email: adminassistant@sorrentoslsc.org.au
 Website: www.sosslsc.com
 Tel: 9448 1431

OFFICE HOURS:

Monday & Tuesday : 9:30am – 2:30pm
 Wednesday 5th February : 4:00pm – 6:00pm
 Thursday : 9:30am – 2:30pm
 Friday : Closed

Partnering Sponsor



Silver Sponsor



Bronze Sponsors



Between the Groynes

Edition 3 21st January 2014

SunSmart Junior Carnival 3 @ Denmark on 26th January – Australia Day Long Weekend.

The country carnival to be held in Denmark is the last chance to qualify for states so those nippers that haven't competed in any carnivals this season and would like to participate in states will need to head down to Denmark this weekend. Entries must be in by 12 noon Wednesday 22nd January or a late fee of \$10.00 is payable by you.

Boards for Country Carnival (Denmark)

If you require a board for the country carnival you can pick one up after training 5.45pm on Wednesday. There will be a limit of 15 boards released for the Denmark carnival.

Board Repairs

Thanks to all of the people that turned up to help with the repairs on Saturday, especially the younger ones, Natasha, Nick, Declan and Damian, it is good to see that they are keen to help. We just need a few more of the seniors to come along and learn how as they are starting to run out of club boards now as well (Thanks James).

We will be holding another board repair session this Saturday from 3.00pm; we have a number of boards ready for finishing and lots more to repair. You will get on the job training, from our fully under trained repairers.

Junior Carnival 2 Leighton

Well done to all who competed on the weekend, we had some fantastic results. Some of the results are listed below. Also a big thanks to Tania who stepped up and helped out in the sprint arena to get the carnival started due to a lack of officials.

I would also like to thank Dom (who helped with the board repairs) and Dale Berry who towed the trailer to Leighton for the junior carnival on the weekend and stayed back after all others had gone home to finalise the packing of the trailer at Leighton and ensuring its safe return and unpacking back at Sorrento.

Ironman:	Heat 1 - Sandon 3 rd	Heat 2 - Harry 1 st Final - Sandon 2nd, Harry 12th
Ironwoman:	Heat 1 - Carmen 6 th & Darby 7 th	Heat 2 - Chloe 1 st ; Hanna 6 th and Jess 7 th Final - Chloe 9th
Boys board:	Heat 1 - Harry 3 rd	Heat 2 - Sandon 3 rd Heat 3 - Billy 8 th
	SF 1 - Sandon 2 nd Harry 7 th	Final - Sandon 2 nd Harry 13 th
Girls board:	Heat 1 - Chaiome 5 th Olivia 6 th	Heat 2 - Hanna 6 th Heat 3 - Carmen 3 rd Ella 5 th
	Heat 4 - Darby 2 nd Chloe 3 rd	

Ian Smallwood
Mob: 0430 046 215

CLUB SERVICES and SO CAFÉ

AUSTRALIA DAY CELEBRATIONS

Come down to the club this weekend; bring your family members and all your friends. A great way to spend your AUSTRALIA DAY!!!

To celebrate Australia Day at the club we'll be having the traditional tasty "Lamb on the Spit" with a crowd pleasing Sausage Sizzle for all the kiddies. Finish your dinner off with a delicious PAVLOVA.

Partnering Sponsor



Silver Sponsor



Bronze Sponsors



BARBAGALLO



2 | Page



Between the Groynes

Edition 3 21st January 2014

There will be loads of fun-filled entertainment for everyone to enjoy; backyard cricket, totem tennis and giant jenga and plenty more. We're an Official Triple J Hottest 100 Party venue for this Australia Day 2014, so the vibes will be pumping till our Favourite Jimmy Payne keeps us entertained.

Don't forget to come on down in your most customary Australian costume. We look forward to seeing you here, enjoying the great sunset atmosphere.

THE DOCTOR RACE

Sorrento Surf Club hosted the final leg of the Doctor race this past weekend which saw plenty of activity in and around the club.

Big thanks to all those who gave us a hand in the café on Friday night. A massive thank you to Ian and Christine for helping out behind the bar on Saturday we would not have done it without you. Saturday turned out to be the biggest day on record for the café. Another big thank you to all the staff who worked so hard all weekend to keep

Australia Day
Sunday 26th from 1pm

Hottest 100 live on radio
Lamb on a spit



Jimmy James 5-8
Cricket and other games all arvo

PATROLS – LIFESAVING.

We are just over half way through the Patrol season and are all doing a fantastic job. If you are unable to attend your Rostered Patrol, please arrange a substitute and let your Captain know.

There is a substitute board in the boatshed or put a message on the SLSC Facebook page. Due to the long weekend, Country Carnival & the Swimming rounds, we may need extras for this weekend.

This weekend Sorrento is hosting the Swimming WA Rounds 6 will be held at Sorrento on Saturday 25th January 2014. This is a big event and Sorrento need to supply 15 volunteers for Boards or Ski & 2 for First Aid.

We are meeting at the boatshed at 6.30am and need you until 2pm. (this may finish earlier). Please bring your Patrol uniform and Cap. It's going to be a HOT one so lots of water to keep hydrated. There will be two shifts:-

- 6.30am – 10.30am
- 10.00am – 2.00pm

We need to finalise numbers by Thursday so if you can call or email Shelley Gardiner on 0421352736 or dygg@hotmail.com. Have a safe long weekend, many thanks Shelly Gardiner.

EDUCATION: SPINAL and ARTC COURSE

Calling all members that would like to express their interest in completing the Spinal and/or ARTC course please email your interest to admin@sorrentoslsc.org.au by close of business on Friday, 24th January 2014. (Subject Spinal Course or ARTC Course Interest)

- The Spinal course will be run on Sunday, 2nd February from 9:00am to 1:30pm venue: SSLSC Training Room
- The ARTC will be run on Saturday, 8th February from 9:00am to 1:30pm venue: SSLSC Training Room

Partnering Sponsor



Silver Sponsor



Bronze Sponsors



Between the Groynes

Edition 3 21st January 2014

R&R STATE CHAMPIONSHIPS

We are urgently in need of members that would like to participate in the R&R U/17 4 Person Mix Team for State Championships. This is an awesome opportunity to get involved in doing something for your Club and Community.

You only require your BM and ARTC; if you don't have your ARTC SSLSC will be hosting an ARTC course on the 8th February 2014.

You do not require any experience as this will be given to you by our R&R coaches. If you're interested please can you contact Darryl O Donnell on 0400 124 200 or email him on-: lyn.odonnell@optus.net.com.au . You'll be assisting your Club in earning "club points."

UNIFORM SHOP

Our Uniform Shop will be open this Sunday, from 8-9am.

Keep a look out for the Newsflash on the T-Shirt long sleeve hoodies as we're expecting this arrival soon.

These will be on Sale at \$45 each.

SPONSORSHIP and MARKETING

DAVID VICARS



MALAGA

Welcome on board as a Major Bronze Sponsor to The Good Guys Malaga and Proprietor David Victors one of our members, for their generous support and Bronze Sponsorship.

You can be sure you're getting a great deal at The Good Guys in MALAGA, David and his awesome team guarantee that you'll get the best price on all their products. He gets up early every morning to price check their competitors, so whether you're shopping for a TV, fridge, tablet, coffee machine or any product across our huge range of electronics and appliances online, you can be sure that when you see a bargain it's the cheapest in the Perth market that day. No need to run around anymore, we've done it for you.

Put your feet up and relax, you can even shop from home on their online service website. The Good Guys Malaga have a buying guide that ensures you're armed with all the information you need to make an informed decision when purchasing a home appliance or technology product for your home. http://www.thegoodguys.com.au/buyonline/Store_Locator/malaga

Making it even easier for you, just give David a call on: 9247 8200; or find them at 1915 Beach Road, Malaga.

With the SSLSC expanding in the 2013/2014 season; comes the need for additional commitment, money, equipment, services and facilities, which without the support of Sponsors, the club would not be able to achieve this growth and continue to provide these much needed services to the greater community.

On behalf of myself and the Board of Directors we'd like to extend our warm appreciation to all current and new sponsors.

Christine Cougan
Business & Marketing Director

Partnering Sponsor



Silver Sponsor



Bronze Sponsors

