

Between the Groynes

Edition 35 2nd December 2014



FROM THE PRESIDENT'S PEN

Wow, what a weekend at our club!
As part of the \$10,000 sponsorship that Boardwalk Hillarys Marina have generously provided to our club this year was our requirement to provide First Aid for the opening sky works evening at the Marina. A big Thanks to Pricilla and team that provide this service.

To Paul Berry and his team for getting our members through one of our last opportunities to re-qual for the 14/15 season, Thank You. This coming weekend is your LAST opportunity to complete your re-qual.

To Leanne and the big band of volunteers that assisted with the Doctor weekend a big Thank You. "Our Boaties do the best steak sandwich on the coast."

This last weekend is testament to the strength of our club as it was wonderful to see so many members pitch in and help, the Board of Management greatly appreciates your contributions.

Please do not forget the BIGGEST day of our year, the STREET APPEAL this coming Friday.

A club as one is a club of strength!

Rob Doherty
President

EVENTS

December 2014:

- 04/12 : Level 1 Officials Course
- 05/12 : SLSWA Street Appeal
- 06/12 : Club Swim – Have a Go Boat/IRB
- 07/12 : SunSmart Junior Carnival 1
- 07/12 : Ironman Busselton
- 13/12 : Club Mile Swim – Have a Go Boat/IRB
- 13/12 : Level 1 Officials Course
- 14/12 : SunSmart Premiership Series Round 1
- 14/12 : Navy Surf Boat Series Round 2
- 19/12 : Sunset Sprints Surf Boats Cottesloe
- 20/12 : Club Swim – Have a Go Sprints/Flags
- 20/12 : Ocean Swim Series 1
- 21/12 : Christmas Windup
- 27/12 : Club Have a Go Sprint/Flags

January 2014:

- 03/01 : Club Swim – Have a Go Board
- 03/01 : Ocean Swim Series 2
- 04/01 : Nippers Restarts
- 10/01 : Club Swim – Have a Go Board/Swim
- 10/01 : Ocean Swim Series 3
- 11/01 : SunSmart Surf Premiership Series Round 2
- 11/01 : Navy Surf Boat Series Round 3
- 16/01 : Sunset Sprints Surf Boats
- 17/01 : Club Swim – Have a Go Swim/Tube/Belt
- 17/01 : IOP Race 5
- 18/01 : SunSmart Junior Carnival 2
- 24/01 : Club Swim – Have a Go Ski
- 24/01 : Manly Senior Carnival
- 25/01 : SunSmart Surf Premiership Series Round 3
- 25/01 : Junior Country Carnival 3
- 25/01 : Manly Junior Carnival
- 26/01 : Ocean Swim Series 4
- 26/01 : Freshwater Carnival
- 31/01 : Senior Club Championships Day

CLUB DETAILS

Email: admin@sorrentoslsc.org.au
Website: www.soslsc.com
Tel: 9448 1431
Mobile: 0413568155 (AH)

OFFICE HOURS:

Mon & Tues - Thurs & Fri : 9:30am – 2:30pm
Wednesday : Closed

SO CAFÉ OPEN HOURS

Please call 0432 630 609 for all bookings

Wednesday & Friday Nights

Dinner: 6-7.30pm
Bar: 6pm onwards



Saturday Morning

Breakfast: 7-9am
Coffee: 7am onwards



Sunday Morning

Coffee: 7am
Bar: 10.30am onwards

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FINAL BRONZE REQUAL DATES

After reviewing the Bronze requalification list for this season there are names that appear to have not yet completed the Bronze requal for this season.

The **LAST opportunity** we're offering you to complete your Requal are listed below:-

- **Saturday, 6th December starting at 9am**
- **Sunday, 7th December starting at 9am**

Please note these will be the last possible times to do this as all Trainers and Assessors will be unavailable after these dates.

SLSWA STREET APPEAL

Once a year we are given the opportunity to raise funds for our Surf Club by actively participating in the annual "**STREET APPEAL.**"



All money raised will assist the Sorrento Surf Life Saving Club to pay for various upgrades to your Club Facilities, Purchase of New Equipment and to support the general running of all departments within the Sorrento Surf Life Saving Club.

We have secured some awesome locations for this year's Street Appeal; thus making your '**Sorrento-Tin-Shaking**' experience an easy one. These locations include Sterling; Warwick; Greenwood; Whitfords and Edgewater Train Stations; Perth CBD Locations: on the Cnr of Hay & William St; Plaza Arcade; Carillon Arcade; Piccadilly Arcade (all Murray Street end) together with Karrinyup Shopping Centres. All of these locations have spots available on the roster where you can assist/

We do not expect you to "**Shake your Sorrento Tin**" for the whole day; but being able to assist for a couple of hours would be greatly **APPRECIATED** !!! Please sign a tin out; take it into work, get your work colleagues involved ... ask your children's school or sporting clubs for a gold coin donation on the day; get your Family members and Friends to support Make a fun-filled day with Family and Friends collecting money for your Surf Club on **Friday, 5th December**. Return to the Club on Friday night for a free Sausage Sizzle and Drink to celebrate our collections.

Last Chance to collect your tins from Rita Berry:

- Wednesday 3rd December from 6pm in the SoCafe

TIN RETURN:

- Friday 5th Dec from 6pm till 8pm. Free drink and sausage sizzle for all participants in So Café
- OR Saturday and Sunday from 8am-10am in Office

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BUSINESS & MARKETING NEWS – Christine Cougan

Bronze Sponsor:

On behalf of the club I wish to welcome our newest Bronze Sponsor

Weststylefinance

Who have over 10 years finance industry experience and access to over 30 tenders. We specialise in financing all types of property transactions; including residential, commercial development and self-managed Super Funds.



Jim Klifunis
Licensed Finance Broker
0411565500
jim@weststylefinance.com.au

Small Business Club 2014-15 Member:

Renew Renovations and Building provides quality and functionally designed renovations, that meet the needs of individual's and improves the lifestyles of our clients and their families.

9 Spence St Trigg WA 6029
(08) 9447 5541
info@renewrenovations.com.au

COMPETITION NEWS – Claire Rafferty

Great results in the First Navy Boat Series: Men's 3rd/3rd/4th. The old boys (That's what Watto called you) 4th and 5th. Last but not least the ladies 4th/5th/5th. In the Semi Finals all crews rowed well.

The first Sunsmart Premiership Carnival is on the 13th December at Floreat Beach with the rego sheet already on the competition board, please fill in the sheet and pay \$20.00 online as soon as possible.

The Doctor Race was fantastic with lots of Sorrento faces finishing with smiles on their faces! Well done to all those Sorrento members that competed.

For all athletes going to the Aussie Titles 2015 Early Bird Payment of \$85.00 is now open on the Aussie Website. This makes it a lot cheaper so try to get it done. Early Bird entries close on the 29th January then it will be \$100.00.

All competitors you can find information on the Athletes Facebook Site/ Club Newsletter/ Sorrento Website or the Competition Board in the Boat Shed.

ATT: ALL COMPETITORS THERE IS NOW AN EARLY BIRD PAYMENT AVAILABLE TO PAY FOR THE 4 METRO CARNIVALS AND STATES AT \$110.00 WHICH IS OVER A 10%



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DISCOUNT. PLEASE MAKE YOUR PAYMENT THROUGH THE GATEWAY AS USUAL. (Deadline for this payment is the 8th December)

Christmas raffle will be ready to go by the end of the week, with some great items to be won. Thank you Peta Watkins for all your hard work!

Claire Rafferty
Competition Director

Navy Boat Series

On Sunday 30th November the boaties ventured to Mullaloo for the first round of the Navy Series . Reserve men's crew performed well with 2x 3rds in the heats and running 4th in the Semi-final. Open Women again showed improvement with a 3rd and a 4th in the heats & 5th in the Semi-final. Over 180 years crew rowing in the Reserves division had a 4th & a 5th in the heats just missing the finals.

Overall another good showing by the Sorrento crews and with 3 rounds left in the Navy Series. We are expecting better results to come as the crews get to know one another better.

Well done to all rowers who competed as well as the Sweeps.

Regards
Peter Watkins



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SURF SKILLS SESSION – Andrew Ridley

Surf Skills Session on this Saturday 3pm Trigg Beach. Open to all competitive age groups. Please bring goggles and pink vest. Meet on beach at South Trigg. Please be ready to start for 3pm sharp.

Andrew Ridley
Swim Coach

SOCIAL NEWS – Leanne Lewis

The Doctor Race

OMG, the Doctor certainly got his orders right this year and the wind Gods responded allowing the SUPS and ski paddlers to kick start their adventure earlier than usual. This meant not too much hanging around on Rotto letting the nerves take hold, as all the 300 plus men and ladies checked their craft a final time, readying themselves for the high seas adventure of a 27km paddle to our Sorrento shore. What a spectacular sight as they all came paddling into our beach.

Well done to all the competitors. It's an international race but all were bonded by a common love to paddle, and there were certainly a lot of interesting stories to be told at the finish. Sorrento as usual did its best to show case our club and displayed its usual high standard of hospitality. These athletes may be the warriors of the sea but there were many back stage people who helped to make this event the huge success it was.

A big thank you must be shouted out to:- Firstly all the people who helped with the ski retrieval as the competitors hit the shore. Then there are the volunteers who worked behind the scenes to make our club so welcoming and a nice place to be, and chill out after the race and then to party on after the presentations. Pre-race volunteers at rego Rachel Duczynski, Aimee Christie and Maddi Baxter who gave up Friday to help get them all set with timing equipment etc. The Kitchen staff led by Krystal Kotkis - Rita Berry, Peta Watkins, Vicki Starcevich, Helen Bunford, Maddi Baxter, Trish Merson and Sandra Herbert. Bar Staff - under the guidance of our marvellous bar manager Debbie Levey was Mike Wren and the hero Kevin Kelly who volunteered up his Friday and Saturday nights to help keep them all well hydrated.

SORRENTO SURF LIFE SAVING CLUB

Wednesday
31st December 2014

MAD HATTER'S NYE PARTY

Come along to the Club on New Year's Eve for the Mad Hatter's Party - 7pm to late.

Live DJ 8pm-12mn
BYO food/nibbles.
Bar open at great prices.
Put it in your diary now and book your limo and or babysitter!!!
More details shortly!

Dress standards:
MUST wear a hat.
Funny, sensible or totally crazy. Prize for best male and female hat!

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All the Boaties - get this, these guys - Mike Uglow, Mike Crane, Watto and Jeff (Angry) Anderson cooked up a storm on the BBQ and nourished paddlers and guests and did it with a big smile and a joke or two. It is wonderful to see different disciplines within the club helping each other; this is what makes us such an awesome club. Clean up crew - Rita Berry, who worked tirelessly for 9 hours straight in many areas to make sure this event saw our club was ship shape, along with Robyn Twentyman, Leif Hinrichson, Mal Judge, Frank Havercourt and many many more. Satellite bar and food sales station in the courtyard was manned tirelessly by Sue Lemmon, Peta Watkins, Darrell Slater, Kerri Fennell and Christine Cougan. Thank you so much, and sorry if your name is not mentioned here but we are so very grateful to everyone, including the many people who offered to help but did not get a job. Sorrento really does rock.

Now just a word on what is going on in the bar. Many of you would have noticed how cheap the beer is this season, but also that there are fewer varieties of beer being stocked in our fridges. We apologise if your particular flavour of beer is not represented but this is because we are trying to get the bar back on track after a couple of hick ups in the past. Please be patient and if you have a gripe please direct it to Leanne Lewis or a member of the Food and Beverage committee, and we will address it. Please do not complain to the bar staff as they are not responsible. It is not feasible to stock to everyone's taste so we have done our homework and have gone with the beers that have sold the best in our club in the past. Thank you for your understanding.

What's Happening @ SoCafe:

Club Dinners Wednesday & Friday Nights:

- \$12 Cheese Kransky Dog
- \$10 Tropical Chicken Burger with Pineapple
- \$12 Steak Sandwich with Beetroot
- \$15 Caesar Salad with Chicken or Prawns
- \$7 Nippers Specials

Saturday Morning Hot Breakfast:

- \$12 Paddlers Plate
- \$5 Bacon & Egg Roll
- \$5 Muesli

Sunday Morning Coffees:

Juniors have the BBQs with Bacon & Egg Rolls and Sausage Sizzles. All Welcome
Sunday Bar Open from 10:30am

Thanks to all the Volunteers that regularly donate their time. If anyone else is looking at helping us out with a few hours here and there, you're more than welcome. We have Bar Shifts for those with an RSA, Kitchen Shifts and if you have any professional expertise you can offer in any way please contact Leanne Lewis clubservicedirector@sorrentossc.org.au.

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LIFESAVING NEWS – Garry Bunford

What a weekend!

At approx. 6.20am on Saturday a 3m Shark was sighted at the MAAC club by a ski paddler. Sorrento beach was closed at 6.30am. The IRB was launched in conjunction with the SLSWA Jet Ski. At 8.10am the beach was given the all clear and re-opened after communication with Surf Com.

I would like to thank all members for helping and ensuring all people in the water came out. Great work Ron Morris and our very own president Rob Doherty for taking control and following SLSWA procedures and also to Mike for driving the IRB. If I have missed any one sorry but thanks for your all your help.

Between the competitors coming in from the Doctor Ski Race, drunks fighting where the police had to resolve the problem and competitors and some spectator's needing first aid etc. it was a very busy day. I would also like to thank Evan Bunford and Brian Cowie for their great effort in the ocean when the competitors from the Doctor Ski Race came into shore

What an effort from Priscilla Rafferty and her team looking after the first aid at Hillarys on Saturday night during the fireworks show. Supported by Claire Rafferty (Competition Director) it was great to see our first aid team at work.

We would like to ask patrol teams and members to ensure that the first aid room is kept tidy at all times.

I would like to remind everyone that you do need to do your requal on the dates given. We are unable to continue doing requals because we just do not have enough assessors. Please note this also means SRC requals and members that are in the junior area. I would like to thank the trainers and assessors for their hard work with requals and taking the current training groups well done.

I will be away in Singapore from the 6th-10th December 2014. Please remember you may contact any of the following people should you need assistance: Nikki Owen (acting director of lifesaving), Leif Hinrichsen (patrol officer), Jacqui McGregor (IRB officer), Pricilla Rafferty (first aid officer), Paul Berry (education officer), Craig Gamble (equipment officer), Shelley Gardiner (liaison officer)

We are looking for volunteers for this Sundays Abalone patrol, please contact Jacqui, Pricilla or Nikki.



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YOUTH NEWS

YIP's Members

Deb and Nic are keen to see how you are going with the programme and we are very keen to update your log books.

Hang around this Saturday after the club swim and the activities with Watto on the beach and we will meet you in the court yard for a free drink and sausage sizzle, a chat and to get your books updated from 10am.

We have three members already on the way to achieving their Silver and would love to see more of you achieve your Bronze this season.

Remember - you can see Deb and Nic after any session on a Saturday to update your log books. The upkeep of your log book is your responsibility so make the most of this Saturday to get your records back on track.

Looking forward to seeing you

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BARBAGALLO

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UNIFORM SHOP OPEN HOURS

Sundays 8am-10am

Wed night will be open only on the listed dates from 6pm-7pm. In the lead up to Christmas the shop will open on Dec 3rd and 17th. There are plenty of great gift ideas and stocking fillers available for all the family.

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