

# Between the Groynes

Edition 37 16th December 2014



## FROM THE PRESIDENT'S PEN

**CONGRATULATIONS** to Jackson, Ryan, Tom, Demi, Macarah and Celeste on being selected to represent Western Australia at the SLSA Interstate Championships in the Western Suns State Team. Sorrento Surf Life Saving Club is extremely proud of your efforts and we wish you all the very best at the Manly and Freshwater Carnivals. I'm sure you'll do our club Proud.

Thank you to our education team for all their hard work with putting our members through Bronze and SRC courses this season.

Thank you to all members who assisted with the water safety at the Tri Event on Sunday.

**A club as one is a club of strength!**

**Rob Doherty**  
President

### SO CAFÉ OPEN HOURS Please call 0432 630 609 for all bookings

#### Wednesday & Friday Nights

Dinner: 6-7.30pm  
Bar: 6pm onwards

#### Saturday Morning

Breakfast: 7-9am  
Coffee: 7am onwards

#### Sunday Morning

Coffee: 7am onwards  
Bar: 10.30am onwards



### CLUB DETAILS

Email: [admin@sorrentoslsclub.org.au](mailto:admin@sorrentoslsclub.org.au)  
Website: [www.soslsclub.com](http://www.soslsclub.com)  
Tel: 9448 1431  
Mobile: 0413568155 (AH)

### OFFICE HOURS:

Mon & Tues - Thurs & Fri : 9:30am – 2:30pm  
Wednesday : CLOSED

## EVENTS

### December 2014:

19/12 : Sunset Sprints Surf Boats Cottesloe  
20/12 : Club Swim – Have a Go Sprints/Flags  
20/12 : Ocean Swim Series 1  
21/12 : Christmas Windup  
27/12 : Club Have a Go Sprint/Flags

### January 2015:

03/01 : Club Swim – Have a Go Board  
03/01 : Ocean Swim Series 2  
04/01 : Nippers Restarts  
10/01 : Club Swim – Have a Go Board/Swim  
10/01 : Ocean Swim Series 3  
11/01 : SunSmart Surf Premiership Series Round 2  
11/01 : Navy Surf Boat Series Round 3  
16/01 : Sunset Sprints Surf Boats  
17/01 : Club Swim – Have a Go Swim/Tube/Belt  
17/01 : IOP Race 5  
17/01 : Club Mile Swim  
18/01 : SunSmart Junior Carnival 2  
24/01 : Club Swim – Have a Go Ski  
24/01 : Manly Senior Carnival  
25/01 : SunSmart Surf Premiership Series Round 3  
25/01 : Junior Country Carnival 3  
25/01 : Manly Junior Carnival  
26/01 : Ocean Swim Series 4  
26/01 : Freshwater Carnival  
31/01 : Senior Club Championships Day

### February 2015:

01/02 : Club Swim – Have a Go Ski  
01/02 : SunSmart Junior Teams Carnival  
07/02 : Club Swim – Have a Go Boat/IRB  
07/02 : Sorrento Masters Friendly  
07/02 : Ocean Swim Series 5  
07/02 : SunSmart WA First Aid Championships  
08/02 : SunSmart Surf Premiership Series Round 4  
08/02 : Be Active Busselton Jetty Swim  
08/02 : Junior Club Champs 2  
08/02 : Navy Surf Boat Series Round 4  
14/02 : Club Swim – Have a Go Boat/IRB  
14/02 : SunSmart Junior Metro Qualifier  
14/02 : SunSmart WA Champion Patrol Titles  
14/02 : Ocean Swim Series 6  
14/02 : IOP Race 6  
15/02 : SunSmart Junior Metro Qualifier  
15/02 : Ocean Swim Series 7  
21/02 : Club Swim – Have a Go Sprints/Flags  
21/02 : Rottnest Channel Swim  
22/02 : Junior Joint Age Interaction  
22/02 : SunSmart Surf Premiership Series Round 5  
28/02 : Club Swim – Have a Go Sprints/Flags  
28/02 : SunSmart WA Masters State Champs  
28/02 : Sunset Sprints Surf Boats

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## BRONZE NEWS

Preliminary swim for the next bronze course will be this Saturday 20<sup>th</sup> December at 9am.

We will be holding another Bronze, SRC, Spinal, ARTC and First Aid course early January. To express your interest please fill in a blue expression of interest form and hand into the office. These forms can be found on the wall opposite the office.

## IRB NEWS – Jacqui McGregor

Sorrento provided water safety and set up for the Tri-Events last weekend. The well-choreographed event rolled out seamlessly with excellent feedback received from Event Management regarding the Sorrento team service. My sincere thanks to the IRB team of Evan Bunford, Aiden Birch, Peter Dagnia and Frazer McLennan for their early 5am start and course set up made even easier with Aiden and Peters pre set-up Saturday - awesome efforts guys.

I would like to extend my personal thanks to the IRB team of regular volunteers who knock out some impressive hour's pre and post events to ensure the IRBs are set and up and ready to go. It's great to see the blend of drivers volunteering with experience and knowledge transfer up-skilling and strengthening the IRB team as a whole. Keep up the fabulous job with a busy calendar ahead as we enter the New Year.

If you have not requalified for IRB this season please contact me and advise before the 31st December 2014. Changes introduced at this year's Trainers and Assessors annual update have changed requal sign offs from previous years. As I may not have seen you out on the IRB over the season it's important you contact me to discuss before year end to maintain your proficiency.

Rosters have been sent out covering December /January for juniors with Abalone and the Sorrento Carnival on the horizon. If you would like to assist with driving or crewing in the New Year please let me know with plenty of opportunities available.

Wishing you all a safe and Merry Christmas.

Jacqui McGregor  
IRB Officer



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LIFESAVING NEWS – Garry Bunford

**REMINDER:** Members need to complete their hours before the 31<sup>st</sup> of December to compete. NO exceptions. Check your hours on the SLSA Members portal:  
<https://portal.sls.com.au/wps/portal/member/>

The Tri Club was well represented by Sorrento to help much needed funds to the club. Over 200 rescues were made and the club members were well respected by the organization. The beach committee and Board of Management would like to thank all Sorrento members for their help.

## COMPETITION NEWS – Claire Rafferty

The 2014/15 Season started off extremely well with many Sorrento competitors doing well in the Surf and on the Sand. Congratulations to those athletes on their first Senior Carnival!

Please make sure you fill in the Rego Sheet for Rd 2 which is already up on the competition board. Rd 2 will be at Trigg on Sunday 11<sup>th</sup> and the Navy Boat Series Rd 3 is at Port Bouvard.

The Mile Swim will be rescheduled to the 17<sup>th</sup> January as the Senior Carnival was changed to Saturday the 13<sup>th</sup> of December. While Jeff and I are away for Christmas we will be leaving the club swim in the capable hands of Ken Jenner and Deb Vickery.

Make sure you get in early and pay your \$85.00 entry fee for the Aussie Titles.

All competitors you can find information on the Athletes Facebook Site/ Club Newsletter/ Sorrento Website or the Competition Board in the Boat Shed.

Don't forget to sell your raffle tickets for the Christmas Raffle, proceeds going towards the Aussie Titles.

As I am off to Japan for a white Christmas tomorrow I would like to wish you all a Merry Christmas and a Safe and Happy New Year. I will be back before the next carnival so get your registrations in!

Claire Rafferty  
Competition Director



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## SunSmart Premiership Series Round 1 At Floreat Beach



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SOCIAL NEWS – Leanne Lewis

Ho Ho Ho

and the beach at Sorrento will be alive with the wonderful squealing and smiling nippers as they enjoy a morning of fun activities on and off the beach as Santa looks in to see all the very good little budding lifesavers on our windup day this coming Sunday. Enjoy the fun of Christmas at Surf Club.



Don't forget that NEW YEARS EVE will also creep up quickly. The club is hosting a Mad Hatters Party to see in 2015. Come and dance away 2014 in those wacky, crazy hats. Come on let's all PARTY close to home and enjoy our clubs hospitality. Tickets already selling like wild fire (from office and bar), so don't miss out. Fun starts at 7pm and goes through to 1am. See you all there with your friends and family, Wahooo.

Then our first sun downer for 2015 will be on Sunday the 11th January - always a pleasant way to watch the sunset and chill to some live music.

Merry Christmas

Leanne Lewis  
Club Services

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