

Between the Groynes

Edition 10: Tuesday 22 August 2017

FROM THE PRESIDENT

Dear Members,

Our registration Day is on Sunday 27th August from 11am – 2pm. The bar will be open and we will be selling hamburgers and sausages. The uniform shop will also be open if you would like to get your new gear for the season. Please let your family and friends know so they don't miss out on a spot!

Save the date for our club annual busy bee. We will be having it on Saturday the 16th September. We will let you know the times in the next newsletter.

Have a great week!

Ron Morris

President

Business and Marketing – Christine Cougan

Uniform Shop - Our uniform shop is open this Sunday from 11am - 2pm. If you need any new gear for the new season come down on Sunday and our lovely ladies in the shop will help you out.

Membership Day - We have our membership day on this Sunday from 11am - 2pm. This is where all new and existing members can sign up for the new season. The bar will be open and we are selling hamburgers and sausages sizzle. Come down and meet your age managers!

We will be de-activating all the swipe cards by 1 September if you have not re-registered for the new season.

Upcoming Events

August 2017

25/7/2017 – Boaties Dinner - So Café

27/08/2017 – Membership Day

27/08/2017 – City to Surf

September 2017

9/9/2017 - SLSWA AGM,
President and Member
Advisory Forum

25/9/2017 - Queen's Birthday

Public Holiday

October 2017

7/10/2017 - Coolangatta Gold

8/10/2017 - Coolangatta Gold

Office Hours:

Monday – 8am – 4pm

Tuesday – 8am – 4pm

Wednesday – 11am – 7pm

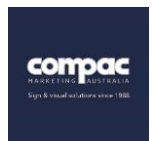
Thursday – 8am – 4pm

Friday – 8am – 4pm

So Café Hours:

Wednesday – 6pm – 8:30pm

Saturday – 7:30am – 9:30am



Between the Groynes

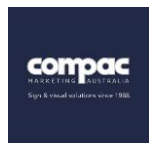
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Juniors - Garry Bunford

Welcome to Sorrento! We hope you are looking forward to a fantastic season on the beach at our family friendly club! To help smooth the orientation process there is an outline of a few expectations of our Nipper Parents!

If you have any questions, please speak with the Liaison officer for your age group.

1. You will get Wet! So please wear your swimming gear!
 - I. You will be expected to assist your child in the water activities in the younger age groups while they learn to be more proficient in the surf.
 - II. The older age groups require water safety people to be able to complete water activities. It's easy and gives you a close up of how well your kids are doing in the water. Just ask your age manager how to get involved!
2. At least one parent or guardian will need to stay for the entire session.
 - I. This is an OHS requirement to make sure we keep all of the kids safe at the beach!
 - II. If you are unable to stay if you have more than 1 child in different age groups, please speak with your age manager to discuss a solution.
3. You will be expected to volunteer for at least one of the activities on the volunteer sheet (If you aren't confident at the beach activities the BBQ roster is always a safe bet!)
4. If your child has used a piece of equipment during the session, please grab a piece of equipment (doesn't matter what) and take it up to the grassed area, hose it off and put it away.
 - I. This makes sure the equipment is kept in good condition and there is enough for all children to use.
 - II. If you're not sure where to put something back – ask any of the age managers or assistants (Or any old guy in Sorrento budgie smugglers they have usually been at the club forever!)
5. Please put your hand up to do the small things, put flags out, help to count the places the kids come over the line, record names, round up children at carnivals – all of this helps out so much.
 - I. If you're not sure what you can do to assist, just ask your Age Manager they will let you know with a big grin!



Between the Groynes

Edition 10: Tuesday 22 August 2017

Juniors - Garry Bunford

- Please make sure your child has sunscreen, rash vest, their age cap and fluoro vest for every session!
- Make sure you like our club facebook page and join our juniors group on facebook for all information throughout the season.
Facebook Page – Sorrento Surf Lifesaving Club WA
Facebook Group – Sorrento SLSC - juniors
- Lastly have fun watching your child learn and have fun with their peers. Lifelong friendships are made at surf club, not just for your children, but for you. We would encourage you to come to social events as well, have a sausage in the outdoor area after Sunday activities and get to know your fellow Clubbies!

See you on the beach!

Garry Bunford

Junior Director

Education – Stephen Thomas

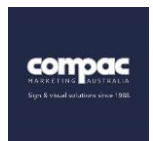
FIRST AID

We need blankets for the First Aid rooms!! If you have ones you no longer need that are clean and in reasonable condition then please donate to the club. You can drop off at the office. Our future cold and stressed patients will thank you!

TRAINING

Information regarding 2017/18 requals will be sent out very soon (hopefully next week). So watch this space.

Also, as per the training calendar, we have another Advanced Resuscitation course and a Pain Management course scheduled for September. Exact date for each is being finalised and will be published next week (plus posted on facebook). Great opportunity to gain new awards or to use these sessions as a refresher/requal for these advanced awards.



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Education – Stephen Thomas

Bronze and SRC courses will start up again in October. Check the calendar for the plan. We will finalise exact details for these courses soon. Contact the office to book your place early in case the courses fill quickly!

Youth – Wendy Goodliffe

DO YOU WANT TO DO YOUR BRONZE THIS SEASON?

1. You must be 15 years old in order to do your bronze
2. At this stage, no bronze training will be held during youth sessions at the surf club on a Sunday morning so you will have to sign up to do a bronze course yourself. You can sign up for any bronze course offered.
3. You will need to contact the office and register for a specific course (eg November Bronze) and pay for that course on registration (refundable if you withdraw or the course is cancelled). The course will be confirmed about 1 month before the start and information then emailed out.

The current course calendar is on the club website and on the notice board in the club shed. It shows courses being offered to end 2017. (The calendar for 2018 will be up early September).

The current plan for Bronze courses for the 2017/18 season at Sorrento SLSC is ..

1 week school holiday option early Oct (youth only, must be 15 by end of course)

5 - 6 week option starting early Oct (must be 15 by end of course)

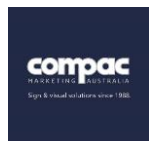
5 - 6 week option starting early Nov (must be 15 by end of course)

5 - 6 week option starting early Feb (must be 15 by end of course)

Exact start dates plus the days of the week the courses will run, etc are yet to be confirmed. Following these, the next Bronze courses will be in the 2018/19 season.

If you intend to compete this season, you may have had discussions with the Competition Director, Peta Watkins and been advised to complete your bronze during the October holidays. This is a 'youth only' course but you must be 15 in October to participate in this course.

Otherwise, it is **strongly suggested to sign up for the courses held in 2017** (ie October and



Between the Groynes

Edition 10: Tuesday 22 August 2017

Youth – Wendy Goodliffe

November courses) if your birth date allows you to.

Note: Any person getting their Bronze and wanting to compete at nationals in 2018 needs to also do an extra step to get a Cert II qualification. This involves submitting evidence of patrols completed. *You are strongly advised to complete your bronze as early as possible in the season to allow you time to complete the extra Cert II, to ensure it is processed by SLSWA before nationals.*

Any queries please forward to Stephen Thomas, our club's Education Officer.



ALL MEMBERS WELCOME

Club Dinner

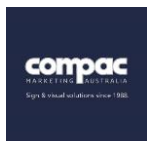
Our very own Boaties are cooking for everyone!

Friday 25 AUGUST 2017 from 6pm

Bookings - barmanager@sorrentoslsc.org.au

Adults - \$15 & Children \$8

Sorrento Life Club



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VOLUNTEERS

Help support your club by offering a few hours service either in the bar or kitchen.

Bar Shifts available:

- Wednesday nights 5:30pm - 8:30pm;
- Friday nights 5:30pm - 8:30pm starting in October;
- Private Functions

You must hold a current Responsible Service of Alcohol (RSA) certificate. Bar Duties may include setting up tables/chairs, serving drinks, using the POS machine (training provided), money handling, cleaning glassware, stocking the fridges and packing up.

Kitchen Shifts available:

- Wednesday nights 5:30pm - 8:30pm;
- Friday nights 5:30pm - 8:30pm starting in October;
- Saturday mornings 7am - 10 am

Kitchen duties may include assisting Bernadett with food preparation, washing dishes, meal service, mopping floors and general cleaning.

**PLEASE CONTACT ALLISON IF YOU ARE INTERESTED IN HELPING -
EMAIL: BARMANAGER@SORRENTOSLSC.ORG.AU**



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Edition 10: Tuesday 22 August 2017



Member Orientation Night

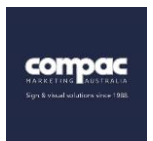


Friday
22nd
September
2017 at
7pm

New and Existing Members are encouraged to attend to find out about the club and what we have to offer this season. Meals will be for sale and the bar will be open from 6pm.

BAR OPEN

ALL MEMBERS INCLUDING JUNIORS



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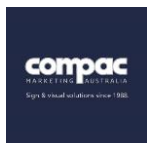
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CLUB NIGHT

EVERY WEDNESDAY NIGHT

BAR OPEN
6PM - 8:30PM
COME DOWN FOR DINNER AND A DRINK

\$15 ADULT MEALS
\$8 KIDS MEALS



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BOOTCAMP

faster. stronger. better.



SORRENTO
SURF LIFE SAVING CLUB

\$2 per class

All Sorrento SLSC Members Welcome
Sunday Morning at 7:30am
Meet on grass area in front of So Cafe

