

## FROM THE PRESIDENT'S PEN

Dear Members,

At the AGM conducted last July the building committee presented a very brief draft on the necessity in planning for a major refurbishment of our club facilities.

The brief outlined our goal that in approximately 5 (five) years we aim to carry out a major extension and upgrade of our club's facilities. The planning of this upgrade is crucial to the future of our club's operation.

The current club facility is ideally suited to accommodate a member base of around 800, with an aging facility and a member base of approximately 1600 members the time has come to focus our energy in the planning of the proposed upgrade.

The goal of the building committee is to present to the member base a concept plan for approval at this year's AGM, which will be conducted in June / July.

In brief, the proposal will focus on the upgrade of club facilities in the vicinity of \$3.5 million to \$4 million dollars. The focus of the upgrade relates to the essential components of our club, such as, lifesaving training facilities, female and male member amenities, administration, gymnasium and facilities for our youth members.

A proposal to the AGM last July was to include a building levy of \$20.00 to all members of which ALL funds would be allocated to the building fund. The board of management budgeted on revenue of approximately \$25 to \$30 thousand dollars. An amendment to the proposal was passed at the AGM to apply the levy to "active members 18+" only. Including the motion to allocate all new members "nomination fees" to the building fund the outcome has been a revenue sum of approximately \$11 thousand dollars in total this season.

## EVENTS

### February 2015:

- 07/02 : Club Swim – Have a Go Boat/IRB
- 07/02 : Sorrento Masters Friendly
- 07/02 : Ocean Swim Series 5
- 07/02 : SunSmart WA First Aid Championships
- 08/02 : SunSmart Surf Premiership Series Round 4
- 08/02 : Be Active Busselton Jetty Swim
- 08/02 : Junior Club Champs 2
- 08/02 : Navy Surf Boat Series Round 4
- 14/02 : Club Swim – Have a Go Boat/IRB
- 14/02 : SunSmart Junior Metro Qualifier
- 14/02 : SunSmart WA Champion Patrol Titles
- 14/02 : Ocean Swim Series 6
- 14/02 : IOP Race 6
- 15/02 : SunSmart Junior Metro Qualifier
- 15/02 : Ocean Swim Series 7
- 21/02 : Club Swim – Have a Go Sprints/Flags
- 21/02 : Rottneest Channel Swim
- 22/02 : Junior Joint Age Interaction
- 22/02 : SunSmart Surf Premiership Series Round 5
- 28/02 : Club Swim – Have a Go Sprints/Flags
- 28/02 : SunSmart WA Masters State Champs
- 28/02 : Sunset Sprints Surf Boats

### March 2015:

- 01/03 : SunSmart WA Country Championships
- 01/03 : Junior Club Champs 3
- 06/03 : Junior Red Faces
- 07/03 : Club Swim
- 07/03 : SunSmart WA R&R and Belt Race Champs
- 08/03 : SunSmart WA Champion Lifesaver Titles
- 08/03 : WA Boat Series Round 3
- 11/03 : Junior Players Tea
- 14/03 : SunSmart WA Junior Lifesaving Champs
- 14/03 : IOP Race 7
- 15/03 : SunSmart WA Junior Lifesaving Champs
- 18/03 : Senior States Titles Players Tea
- 20/03 : Junior Awards Night
- 21/03 : SunSmart WA Senior Lifesaving Champs
- 22/03 : SunSmart WA Senior Lifesaving Champs
- 22/03 : Junior Presidents Marathon
- 22/03 : Last Nippers
- 28/03 : Club President's Marathon

## CLUB DETAILS:

Email: [admin@sorrentoslc.org.au](mailto:admin@sorrentoslc.org.au)  
Website: [www.sosslc.com](http://www.sosslc.com)  
Tel: 9448 1431  
Mobile: 0413568155 (AH)

## OFFICE HOURS:

Mon & Tues - Thurs & Fri : 9:30am – 2:30pm  
Wednesday : CLOSED

# Between the Groynes

Edition 5 3rd February 2015

Speaking frankly, our club, through member fee's, donations, sponsorships and special revenue, is required to raise a sum of \$500 thousand dollars within a 5 (five) year time frame as our contribution towards the proposal. We currently have a sum of approximately \$80 thousand dollars in the building fund term deposit account.

In closing, as a life member of our club this is a very passionate topic to me and one that I hope that ALL members of the Sorrento SLSC will embrace with a great deal of energy and enthusiasm moving forward.

Members, please email me at [president@sorrentoslsc.org.au](mailto:president@sorrentoslsc.org.au) or Christine Cougan at: [Business-MarketingDirector@sorrentoslsc.org.au](mailto:Business-MarketingDirector@sorrentoslsc.org.au) with ideas and opportunities of revenue that will assist our club in achieving our much needed goals.

**A club as one is a club of strength**

**Rob Doherty**  
President

## Business & Marketing News – Christine Cougan

### Sorrento SLSC Small Business Club

#### Members supporting members businesses!

Join Sorrento Small Business Club membership for \$100 contribution providing;

- ✓ Business member sponsor board, located in the courtyard
- ✓ Club Website information & link
- ✓ An article in our newsletter
- ✓ Acknowledgement in annual report



## CLUB SERVICES NEWS – Leanne Lewis

Great to see so many people coming down and utilising the BBQ's of late on a Wednesday, Friday and Sunday evening. It is relaxing place to meet up with friends and family and saves the mess at home.

There is a Sun downer this coming Sunday the 8th, with Jason Ayres back to play for us again after such huge demand following the last Sun downer. Don't miss this one as he is a very talented young man who sets a very uplifting atmosphere in the courtyard. BYO BBQ, picnic or nibbles and grab a table early. Gates open at 4pm and Jason entertains from 4.30 - 7.30pm.

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There will be another Sun downer on the 22nd of February with a band Falloway booked in to get us all going. This is a group who is accomplished in the music world and play a number of original as well as cover tunes. Mark this in the diary as they are well worth seeing.

This Wednesday evening is Krystal's last night to cook for you before she goes away for February to Europe. When she returns we hope our new stove will be all sorted out and hallelujah we can get back to providing a more sumptuous menu.

## COMPETITION NEWS – Claire Rafferty

A massive thank you To Rob, Jeff and Deb for running the Club Champs in my absence: A successful senior club championship was conducted on Saturday morning. It was fantastic to so many competitors in all categories from under 15 through to our ever green master competitors.

A big Thank You must go to our officials, Roger, Sue, Janine and Tania you did a wonderful job. Jeff and Debbie for their organisation in both the registration and results was first class. To Ken, Norm and all who assisted on the finishing line we Thank You! To our captains who coordinated a seamless set up and pack up Thank You for your efforts. A special mention must go to Jezza for his success in both the beach events and Yes water events. Rob mentioned it brought back memories of an under 15 board paddler.

Rego sheets for Rd 4 Leighton Beach and Navy Boat series Rd 4 Pt Bouvard are up for you to enter, please also pay online. Registrations close on Wednesday 4<sup>th</sup> Feb, please get them in as soon as possible.

All athletes please make sure you are doing your rostered patrol hours. If you need to make up hours please turn up to patrols on time or notify the Patrol Captain you will be coming!!!

Those athletes going to Aussies that need to do their Cert II get your paper work into Paul Berry asap.

The Aussies Early Bird payment is now finished. Entry fee is now \$100.00. All HP athletes you must pay your Aussies entry unless you are Tier 1.

Please contact Peta Watkins if you still need accommodation for Aussie 2015 as we still have some 1 Bedroom apartments available.



### Important Dates Coming Up:

First Aid Championships:	28 <sup>th</sup> Feb U15/U17/U19 and 2 <sup>nd</sup> March Open	\$40.00
Masters States:	28 <sup>th</sup> Feb	\$38.00
Champion Patrol:	14 <sup>th</sup> Feb	\$40.00
R&R and Belt States:	7 <sup>th</sup> March	\$35.00 (Juniors) \$40.00 (Seniors)

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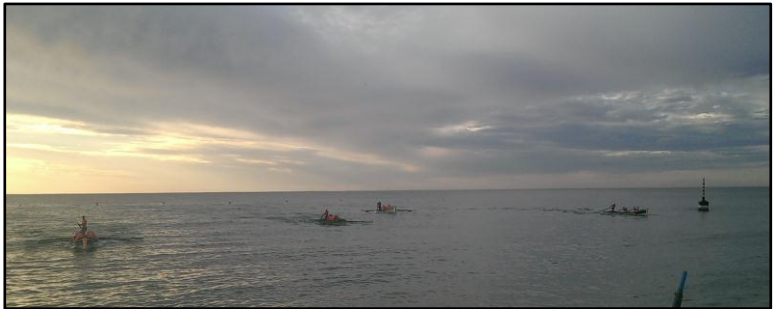
Champion Lifesaver:	8 <sup>th</sup> March	\$40.00
Senior States:	21 <sup>st</sup> /22 <sup>nd</sup> March	\$40.00

All competitors you can find information on the Athletes Facebook Site/ Club Newsletter/ Sorrento Website or the Competition Board in the Boat Shed.

## BOATS NEWS – Grant Gannon

Beko Sunset Sprints Round 2 - Our Open Men's crew again did Sorrento proud in the Reserve competition. All races were keenly contested with Sorrento maintaining a strong position in the top half of the field racing against much more experienced crews.

The conditions at Cottesloe could not have been more different to those experienced previously at North Cottesloe. The deceptively flat conditions hid a nasty shore dump which seemed to find only Sorrento in the first race causing the boat judge to call the others back and restart the race. Jarod, Scott, Sam, Luke and Grant have been training hard with early morning rows, ergo sessions and gym weight sessions to improve the club's standing in the boat arena.



## MASTERS – Brenton Rose

### Club Championships

A good turn out last Sunday morning, given the horrible flat surf conditions! The competition really showed up who have been training and who hasn't, as well as some suspect dark horse results – like a beachie winning the board race! No names mentioned (Jezza).

### Masters Friendly Carnival, Saturday 7 Feb @ 1.00pm

IT'S ON!

Our own annual Masters Friendly Carnival, in this Saturday 7 February starting at 1.00pm. Invitation has been issued to all metropolitan and regional clubs, and the response has been really enthusiastic – we should have plenty of visitors there to test ourselves against. Refer to the Sorrento Surf Athletes Facebook group page for details of events and categories.

Assistance is required from everyone to help with the set up from 11.00am – will essentially be the same as the club champs last Sunday, so not much at all if we have adequate hands!

# Between the Groynes

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We are aware that our carnival now shares the same date with the revised Bay to Beach paddle race, but this shouldn't be an issue for anyone, as the B2B is a morning event, and our carnival has a civilised afternoon start!

## Masters Training Saturday Mornings

This Saturday morning had better be a rest morning given the afternoon carnival – can't be over doing it!

## Masters State Titles EOI for Team Events

I've only had about a dozen EOI forms for the team events for the Masters State Titles, on Saturday 28 February at Mullaloo. I presume (and hope) that there will be more than this competing.

The EOI form is available on the athletes Facebook page. If you don't have Facebook please contact me directly at [brentonrose@hotmail.com](mailto:brentonrose@hotmail.com) for a copy. Please, irrespective if you have given your name to anyone else for teams, please complete this EOI form and get it back to me ASAP. It is these forms, along with the club championships performances, that I will be utilising for selection of the various teams with the competition committee.

For the payment of your entry fee, it is the usual process, through the online portal - refer below step by step description! The cost is \$38 per person, please use description "SoSLSC Masters State Titles – and your name" so those that need to know what the payment is for can identify it!

Payment process:

- Surf club website
- Surf sports
- Events
- Click on SLSA portal link
- Under entity type/select Sorrento WA
- Transaction type select carnival entry fee
- Payment details - Neil O'Leary WA State Masters Entry
- Amount is \$38
- Fill out your email address details etc to have the receipt sent to you



**SORRENTO SLSC**  
**MASTERS**  
**FRIENDLY CARNIVAL**

**Saturday 7 Feb**  
**at 1.00pm**  
**Free Entry**

Come and enjoy the social atmosphere and friendly competition  
Bar open afterwards

<b>Age Groups</b>	<b>Events</b>
<b>Individual Events</b>	<b>Water</b>
Masters – 30-39 years	Swim, Board, Ski, Iron
Veterans – 40-49 years	Board, Ski & Taplin Relay
Super Vets – 50+ years	
<b>Relays</b>	<b>Beach</b>
Water – 120 years min	Sprint, Flags & Relays
Beach – 150 years min	

FOR ADDITIONAL INFORMATION OR ANY QUERIES  
PLEASE CONTACT SORRENTO'S MASTERS CAPTAIN  
BRENTON ROSE on 0418229033 or [brentonrose@hotmail.com](mailto:brentonrose@hotmail.com)

And remember, wrinkles provide natural resistance training!!!!

# Between the Groynes

Edition 5 3rd February 2015

## BHP Open Water Championships

BHP Open Water Championships at Swan River Barrack Street Jetty.

Ron Clarke co-ordinated the Water Safety for this event, with Norm Miller as his trusty assistant Co-Ordinator.

It was an extremely early start, meeting at SoSLSC at 4:30am for a 5:15am depart to Barrack Street Jetty.

The Open Water Competition - Swim The Swan – was held at the picturesque Swan River in the heart of the City of Perth. This location provides the perfect setting for this international event.

Sincere thanks needs to Peter Dagnia and Jacqueline Nowell for their IRB duties  
Then the following people were out in the freezing easterly conditions, freezing for almost 4 hours: Marcelle Haughey; Stephen Coda; Bill Whalley; Leif Hinrichsen; Kevin Kelly; Christine Cougan; Janie Rowse; Kirsten Marvin. Finally with Frank Haverkort and Mike Wren on Ski's.

Sincere thanks for your assistance. Greatly appreciated in the true SoSLSC spirit.

## Life Saving – Garry Bunford

What a busy weekend on our amazing beach, I would like to thank everyone for their help we had at the abalone patrol and the members that put their hand up to assist with water safety for BHP open water swim on swan river. Then, Club Champs to all our volunteers, the event took place and was an enjoyable event. There are so many people to thank but I feel that I would miss someone if I had to personally mention individuals .... So a HUGE big THANK YOU to you all.

We will be doing a thank you BBQ for those that helped without you we could not have done everything we did last week.

### Crew course

Please note that the IRB crew course will start this Saturday @ 5am so please be there if you are interested this will be done over one night and two Saturday's

Remember please swim between the flags  
Garry Bunford  
Director of life saving

### UNIFORM SHOP OPEN HOURS

**Sunday - 8:30am-9:30am**

**1<sup>st</sup> Wednesday of the month – 6:00pm-7:00pm**

Black Winter Jackets are now in the shop for collection by those who ordered.

### SO CAFÉ OPEN HOURS Please call 0432 630 609 for all bookings

#### **Wednesday Nights**

Dinner: 6-7.30pm  
Bar: 6pm onwards

#### **Friday Nights**

Bar: 6pm onwards

#### **Saturday Morning**

Breakfast: 7-9am  
Coffee: 7am onwards

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