

Between the Groynes

Edition 16: Tuesday 3 October 2017

FROM THE PRESIDENT

Dear Members,

This Sunday is our last Stingers Swim for the winter season. Everybody is welcome to join in!

It was great to see so many members at the Grand Final party on the weekend. Well done to social committee for organizing.

See you all on Friday for our member's night!

Ron Morris

Business and Marketing – Christine Cougan

Thank you to Jonathon Bowker from JBM Finance for sponsoring us again this season as a bronze sponsor.

JBM Finance currently can offer a market leading rate from 3.68% for Owner Occupied and 3.88% for Investment lending if any friends, family, colleagues or club members would like to benefit from such great deals.

For all transactions Jonathon also donates \$200 to the club.

<http://www.jbmfinance.com.au/>

info@jbmfinance.com.au

0402 852 341



Upcoming Events

October 2017

6/10/2017 – Member Night

7/10/2017 - Coolangatta Gold

13/10/2017 – Octoberfest

15/10/2017 – Under 9 – Under 13's First Day

22/10/2017 – Youth First Day

29/10/2017 – Under 6 – Under 8's First Day

Office Hours:

Monday – 8am – 4pm

Tuesday – 8am – 4pm

Wednesday – 11am – 7pm

Thursday – 8am – 4pm

Friday – 8am – 4pm

So Café Hours:

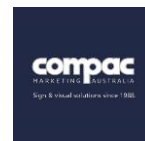
Wednesday – 6pm – 8:30pm

Saturday – 7:30am – 9:30am

Uniform Shop Hours

Wednesday 4th October – 10am – 12pm

Friday 6th October – 6pm – 7pm



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Business and Marketing – Christine Cougan

INTRODUCING RENEW RENOVATIONS AND BUILDING – Small Business Club Member:

Dean Beament is the owner and registered builder for Renew Renovations and Building. Dean has a strong association with surf lifesaving, having been involved since he was 14. He currently is involved with Sorrento SLSC, coaching ski training on Saturday mornings.

Renew Renovations and Building is a registered building company specialising in:

- Full internal house renovations
- Wall removal
- Kitchen renovations
- Bathroom and laundry renovations
- Plumbing and electrical maintenance

DO NOT RISK IT – ALWAYS USE A LICENSED BUILDER

We are located in North Beach and Dean is available to provide advice and quotes on your potential home renovations at any time. Please contact us info@renewrenovations.com.au or 9447 5541.

The team at Renew are currently finding that people are remaining in their homes and renovating to suit their ongoing needs, whether it is opening up living and kitchen areas, renovating bathrooms and their ensuites to give them a bright fresh feel or creating better functioning and more ergonomic kitchens.

Dean is the Chief Judge for the Housing Industry Association (HIA) Kitchen and Bathroom Awards in WA and also a National Judge for these awards and has been involved with these awards since 2009.

Below are some before and after photos of some recent renovations, please go to our website to view more projects www.renewrenovations.com.au



Before



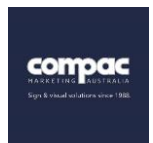
After



Before



After



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R&R Team Meeting

There will be a meeting (requested by our illustrious leader) to discuss the upcoming season, confirm teams and training times and align coaches to teams.

Training has begun for some teams and Darryl is keen to get "all" teams on the paddock.

Please be at the club rooms by **6pm on Wednesday 11 October**. If you can't make this date please ring Darryl (0400124 200) to confirm your availability over the next season so he can lock in teams.

March Past Meeting

A meeting for all those interested in competing, coaching or supporting March Past will be held in the court yard at **9am Saturday 7th October**.

Hope to see you there.

Ken Jenner

0448 082 411

So Café Menu – Wednesday 4/10/2017

Wednesday 4/10/2017

Hungarian Pork Mince with Rice

Chicken Schnitzel

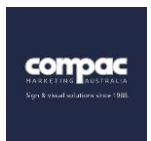
Adults - \$15

Kids - \$8

Bar is open from 6pm.

Bookings are essential to

barmanager@sorrentoslsc.org.au



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Dolphin Program

We are looking for volunteers for our dolphin program.

We run the program on Saturday mornings from 9am – 10:30am.

Please see our website link here for more information about our program.

If you are able to lend a hand please ring Colleen on 0403 027 808



Juniors – Garry Bunford

Well the start of juniors is just around the corner by now your age managers should have been in touch with you via email. If you have not received a personalised email from your age manager please email Jess on admin@sorrentoslsc.org.au

I have the honour of being the Director of Juniors this season so I hope that everyone is ready to go. I would however like to remind that your age group managers are volunteers as well and have been busy in the off season getting ready for the season start. Please remember surf lifesaving is all about fun and participation for young and old

See you on the beach

Garry Bunford

Director of Juniors



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Education – Stephen Thomas

The club education calendar through to end 2018 has been updated. See below. To register for any course please contact the office and register for a specific course. All courses are contingent on getting enough interest. More details on how to sign up for courses is provided on the club webpage and on the noticeboard in the club.

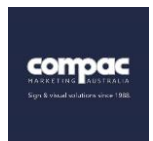
Note: details of 2 pre-Xmas SRC courses have been finalised.

Youth SRC: starting 29th October. Sundays 8:30am – 11:30am. For Youth who are 13. Duration - 4 weeks

General SRC: Starting 11th November Duration ~ 4 weeks. Two sessions per week. Thursday night's 6:30 – 8:30pm and Saturday mornings 7:30 – 9:30am

Sorrento Surf club non-commercial training courses 2017 / 2018

		Start date	Days	Duration	Trainers	Notes
2017						
October	Bronze - Youth	2/10/2017	Mon - Sat	1 week	Stephen +++	School holiday 23/9 - 8/10
	SRC - Youth	29/10/17	Sundays	4 weeks	Julie +++	Starts 1 week after Nippers
November	Bronze	31/10/17	Sat / Tues	6 weeks	Eamon + Simon	
	SRC	11/11/17	Sat / Thurs	4 weeks		
	IRB Crew			3 weeks		
December						
		Start date	Days	Duration	Trainers	Notes
2018						
January						
February	Bronze			6 weeks		
	SRC			4 weeks		
	IRB Crew			3 weeks		
March						
April						
May						
June	IRB - Drivers (RST)			3 weeks		Timing dictated by SLSWA
July	IRB - Drivers			8 - 10 weeks		
August	ARTC			1/2 day		
	Pain Management			3 hrs		
September	ARTC			1/2 day		
	Pain Management			3 hrs		
October	Bronze - Youth	School holiday course		1 week		School holiday 22/9 - 7/10
	SRC - Youth			4 weeks		Start after Nippers starts
November	Bronze			6 weeks		
	SRC			4 weeks		
	IRB Crew			3 weeks		
December						



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Member Orientation Night

NEW DATE

Friday 6th October 2017
at 7pm



New and Existing Members are encouraged to attend to find out about the club and what we have to offer this season. Meals will be for sale and the bar will be open from 6pm.

**BAR
OPEN**

**ALL MEMBERS INCLUDING
JUNIORS**

