

YOUTH NEWS 14 AUGUST 2024

Youth Season Dates: A combined Youth / Nippers Calendar is currently being compiled. Please mark in your calendar the following key youth dates:

Sun 11th Aug: Youth SRC-BM [Bronze Medallion] Course #1: 11 Aug - 22 Sep – closed for registration and in progress.

Thurs 29th Aug: Youth SRC Course #1: 29 Aug - 27 Oct **Registration is Open**

Sun, 6th Oct: Youth Age Manager In Service @ Sorrento

Sun, 13th Oct: Youth Season Start – Sunday Session #1

Thurs 5th Dec: Youth SRC Course #2: 5 Dec - 21 Dec Opening Soon for registration

Sat, 15th Dec: Youth SRC-BM [Bronze Medallion] Course #2: 15 Dec – 10 Jan: Opening soon for registration

Sun, 22nd Dec: Youth Sunday Session (Last Session before Christmas and New Year Break)

Sun, 12th Jan: Youth Sunday Session (Recommence after the 2 wk break for Christmas and New Year)

Sun, 16th Feb: Planned Youth Adventure World Sunday Session (more information to come closer to the date)

Fri, 21st Mar: Youth Awards & YIP Night

Sun, 23rd Mar: Youth Final Sunday Session for the Season

Interested in First Aid | Champion Patrol | Champion Life Saver Training??

This is a call out for First Aid, Champion Patrol and Champion Lifesaver Competitors!

Purpose of these events:

- Demonstrate the physical, lifesaving and knowledge skills required to be a Lifesaver
- Showcase the lifesaving skills of members
- Encourage members to be highly proficient
- Encourage excellence
- Encourage participation for all round athletes
- Encourage team work

Champion Lifesaver components: 40pts Theory, 20pts Live Patient Assessment, 20pts Manikin Resuscitation, 40pts Physical Events (Surf, Board, Sprint, Tube)

Champion Patrol components (U17 – 4-person team; Open – 6-person team incl IRB driver and crew): 20pts Theory, 20pts Resuscitation (Team), 20pts Physical Events (Surf, Tube/Board rescue relay), 60pts Patrol Scenario.

First Aid components: 2-person team; U14/U15, U17 - 8min Scenario; U19+ - 12min Scenario

Key Season Dates:

State Competition Dates:

Dec 8th, Sun: WA Surf Lifesaving Championships – Champion Lifesaver / Champion Patrol

Dec 14th, Sat: WA Surf Lifesaving Championships – First Aid

The Training Program:

This training program is specifically for our First Aid, Champion Patrol and Champion Lifesavers that are seeking to compete at State and National Championship levels.

First Aid Training Kick-Off: 18 Aug, Sun 10am (Meet in the Training Room): This is a new first aid focused session that is being run by Paul Berry for us. Please confirm your attendance by completing the LINK / Eventbrite form below.

Regular Training:

Monday Weekly, 6pm – 7pm: Champion Lifesaver, Champion Patrol (Theory / CPR / Primary Assessment Practical), **starting 2nd Sept.**

Monday Weekly, 6pm – 8pm: First Aid(Scenario's / First Aid Training), **starting 2nd Sept**

Saturday Weekly, 9.15am – 10.45am: First Aid / Champion Patrol Training (Scenario's / General Training), **starting 7th Sept.**

Note: Champion Lifesaver Competitors: The above training session (Mon) is only focused on Theory and CPR/PA practice. You will need to join Surf Sports training sessions if you haven't already done so to work on the athletic components of Champion Lifesaver.

Applicable age levels and qualifications required to compete:

First Aid: U14/U15 (SRC), U17 + (Bronze)

Champion Patrol: U17 (Bronze, First Aid, ART) U19+ (Bronze, First Aid, ART, 1p IRB Driver, 1p IRB Crew)

Champion Lifesaver: U14 (SRC), U15 (SRC), U17+ (Bronze)

Qualifying teams competing at Aussies on the Gold Coast in April 2024.

For further information please contact Jeff (0400 320 514) or Adam (0406 857 822)

Registration LINK: For expression of interest and to attend the Kick-Off First Aid Session (recommended for First Aid and Champion Patrol competitors only), PLEASE MESSAGE JEFF OR ADAM.

YOUTH ONLY COURSES THROUGH TO CHRISTMAS

1. Youth SRC-BM Transition Course #1 – this course has started and is in progress, 16 Enrolled.

Youth SRC – BM Bronze Medallion Transition Course #2 [Intensive: Summer Holidays]

Opening for registration Soon this will run from 15/12/2024 to 10/1/2025 : Capacity: 14-28

2. Youth SRC Course #1 [Thur/Sat/Sun - Aug-Oct]

Open for registration: https://www.eventbrite.com/e/surf-rescue-certificate-aug-oct-2024-tickets-981040156517?aff=oddtcreator&fbclid=IwY2xjawEpLxdleHRuA2FlbQIxMQABHeXa_Wyk6caUbdrykzwazCQVKx59Q_5bc0LlxN1EYyy_Ne47mw3jy0GdGw_aem_ojH6rb3GFLZj689wt-GkBg

Capacity: 12-24

Prerequisites: Must be 13yrs of Age on/before 27/10 : A financial member : Swim Proficiency 200m under 5min

29/8, Thurs: Intro to SRC Course 6-8pm Hall

19//9, Thurs: Dry 6-8pm Hall

22/9, Sun: Wet 8.00 - 10.00am Beach

5/10, Sat: Wet 9.30-11.30a Beach

6/10, Sun: Wet 8.00-10.00a Beach

10/10, Thur: Dry 6.00 - 8.00p Hall

13/10, Sun: Wet 8.00 - 10.00p Beach

17/10, Thur: Dry 6.00 - 8.00p Hall

19/10, Sat: Wet 9.30-11.30a Beach

20/10, Sun: Wet 8.00 - 10.00p Beach

27/10, Sun: Assessment 8.00a - Finish Beach / Hall

3. Youth SRC – BM Bronze Medallion Transition Course #2 [Intensive: Summer Holidays]

Opening for registration Soon - Set the dates aside in your calendar

Capacity: 14-28

The aim of this Bronze Medallion transition course is to provide participants with skills and knowledge related to surf awareness, aquatic rescue operations, radio operations, resuscitation, emergency care, spinal management, communication, teamwork and Surf Life Saving patrol operations. This award includes and builds upon the SLSA Surf Rescue Certificate, and it is the prerequisite award for many other SLS pathway awards.

It is recommended for SLS members who wish to:

- perform in the role of a qualified lifesaver after the age of 15 years
- participate in SLS surf sports competitions which require them to be proficient in the Bronze Medallion as a prerequisite condition
- progress through the SLS Aquatic Rescue or Powercraft award pathway.

Pre-requisites:

- Be a current 2024/2025 Season financial member of Sorrento SLSC
- Must be currently proficient in SRC (Surfguard reflective);
- Has completed their SRC less than 3 years prior to commencing this training.
- Will be 15 years on the date of the final assessment.
- MUST without exception attend ALL sessions unless there is an optional session.
- Must complete a 400m Qualifying Swim in less than 9 min.
- Has completed a minimum of 10 patrolling hours as a qualified SRC award holder (Surfguard reflective) in the 2023/2024 Season.

Court Dates & Components (There are 3 Compulsory Components to this Course: S1 - S3 below):

S1. First Aid / Resuscitation Component: MUST BE COMPLETED FIRST

15/12, Sun: 8.30am – 3.30pm, Full Day First Aid Course (HLTAID011)

Course work / logbook will be completed during the course

S2. BM Online Course Component:

Instructions to be provided once registrations close and will need to be completed prior to 6/1.

S3. Wet / Rescues / Spinal / Radio / Patrol Component:

15/12, Sun HLT AID011 [7-8H] - Date to be Confirmed

6/1, Tue, Wet/Theory 8.00a - 12.00p Beach

7/1, Wed, Wet 8.00a - 12.00p Beach

8/1, Thur, Wet + recap Dry in prep for Assessment 8.00a - 12.00p Beach / Hall

9/1, Fri, Wet + recap 8.00a - 12.00p Beach / Hall

10/1, Sat, Assessment 8.00a - Finish Beach/Hall

4. Youth SRC Course #2 [Intensive: Summer Holidays]

Opening for registration Soon - Set the dates aside in your calendar

Capacity: 12-24 [Must be 13yrs of Age on/before 21/12/24 : A financial member : Swim Proficiency 200m under 5min]

5/12, Thurs: Intro to SRC Course 6-8p Hall

16/12, Mon, Wet/Dry 8.00a - 12.00p Beach/Hall

17/12, Tue, Wet/Dry 8.00a - 12.00p Beach/Hall

18/12, Wed, Wet/Dry 8.00a - 12.00p Beach/Hall

19/12, Thur, Wet/Dry 8.00a - 12.00p Beach/Hall

20/12, Fri, Wet/Dry 8.00a - 12.00p Beach/Hall

21/12, Sat, Assessment Beach/Hall

OTHER COURSES:

Training Officers Course

Looking to teach and mentor future lifesavers? Our Training Officers Course provides the WA Training Officers Award and covers teaching theory, lesson structure, communication skills, skill development, and documentation.

Key Details:

- **Dates:** Wednesday, 21st August 2024, from 6:30 PM to 9:30 PM
Saturday, 24th August 2024, from 9:00 AM to 12:00 PM
- **Certification:** Complete a logbook for your chosen course (e.g., SRC, Bronze Medallion, IRB) and be signed off by a club mentor

** After completing the above course component JOIN OUR NEXT SRC COURSE starting on 29th August as a trainee and become a qualified TO by 27/10.

Secure your spot: <https://www.eventbrite.com/e/training-officers-course-tickets-980732556477?aff=oddtcreator>

SLSWA Youth Leadership Program (YLP) & Courses: Now Open for Booking

The YLP Course Schedule has been released for 2024/2025 Season. There are many ways you can get involved in the Youth Program. Find the best fit for you by following the below link to SLSWA's Youth Pathways page.

Youth Pathways Courses: https://www.mybeach.com.au/members/youth_program/pathways/ .

Here you will find Links to the 2024/25 Youth Pathways Course Calendar. These courses are open for registration now! Use this link

Oct 4th Courses @ Trigg Island SLSC:

9am - 11am: Youth Official [Booking

Link: <https://www.trybooking.com/events/landing/658356?eid=658356&>]

11am - 1pm: Youth Coach & Youth Age Manager [Booking

Link: <https://www.trybooking.com/events/landing/670005?eid=670005&>]

1.30pm - 3.30pm: Youth Trainer [Booking

Link: <https://www.trybooking.com/events/landing/669998?eid=669998&>]