



Youth News

Wednesday 7th August 2024

1. Youth Key Season Start Date
2. Youth First Aid, Champion Lifesaver, Champion Patrol Information & Start Dates for Training
3. Youth SRC-BM [Bronze Medallion] #1: 11 Aug - 22 Sep **NOW OPEN** for registration
4. Youth SRC-BM [Bronze Medallion] #2: 15 Dec - 10 Jan **Opening Soon** for registration
5. Youth SRC Course #1: 29 Aug - 27 Oct **Opening Soon** for registration
6. Youth SRC Course #2: 5 Dec - 21 Dec **Opening Soon** for registration
7. Youth Leadership Program - Registration for Course Links and Information

1. Key Season Start Dates [Mark your calendars]

13/10, Sun: Youth Sunday Session start date (Sunday Session #1), 8.15am @ The Youth Flag
22/12, Sun: Youth Last Sunday Session pre-Christmas

2. Youth First Aid, Champion Lifesaver, Champion Patrol Information and Start Dates for Training

This is a call out for First Aid, Champion Patrol and Champion Lifesaver Competitors!

Purpose of these events:

- Demonstrate the physical, lifesaving and knowledge skills required to be a Lifesaver
- Showcase the lifesaving skills of members
- Encourage members to be highly proficient
- Encourage excellence
- Encourage participation for all round athletes
- Encourage team work

Champion Lifesaver components: 40pts Theory, 20pts Live Patient Assessment, 20pts Manikin Resuscitation, 40pts Physical Events (Surf, Board, Sprint, Tube)

Champion Patrol components (U17 – 4-person team; Open – 6-person team incl IRB driver and crew):

20pts Theory, 20pts Resuscitation (Team), 20pts Physical Events (Surf, Tube/Board rescue relay), 60pts Patrol Scenario.

First Aid components: 2-person team; U14/U15, U17 - 8min Scenario; U19+ - 12min Scenario

Key Season Dates:

State Competition Dates:

Dec 8th, Sun: WA Surf Lifesaving Championships – Champion Lifesaver / Champion Patrol

Dec 14th, Sat: WA Surf Lifesaving Championships – First Aid

The Training Program:

This training program is specifically for our First Aid, Champion Patrol and Champion Lifesavers that are seeking to compete at State and National Championship levels.

First Aid Training Kick-Off: 18 Aug, Sun 10am (Meet in the Training Room): Paul Berry is running a new first aid-focused session for us. Please confirm your attendance by completing the LINK / Eventbrite form below.

Regular Training: (** You must be a paid-up registered member to attend training)

Monday Weekly, 6pm – 7pm: Champion Lifesaver, Champion Patrol (Theory / CPR / Primary Assessment Practical), starting 2nd Sept.

Monday Weekly, 6pm – 8pm: First Aid (Scenario's / First Aid Training), starting 2nd Sept

Saturday Weekly, 9.15am – 10.45am: First Aid / Champion Patrol Training (Scenario's / General Training), starting 7th Sept.

Note: Champion Lifesaver Competitors: The above training session (Mon) is only focused on Theory and CPR/PA practice. You will need to join Surf Sports training sessions if you haven't already done so to work on the athletic components of Champion Lifesaver.

Applicable age levels and qualifications required to compete:

First Aid: U14/U15 (SRC), U17 + (Bronze)

Champion Patrol: U17 (Bronze, First Aid, ART) U19+ (Bronze, First Aid, ART, 1p IRB Driver, 1p IRB Crew)

Champion Lifesaver: U14 (SRC), U15 (SRC), U17+ (Bronze)

Qualifying teams competing at Aussies on the Gold Coast in April 2024.

For further information please contact Jeff (0400 320 514) or Adam (0406 857 822)

Registration LINK: For expression of interest and to attend the Kick-Off First Aid Session (recommended for First Aid and Champion Patrol competitors only), please register here -

[🌐 Youth First Aid / Champion Patrol Competitors](#)

3. Youth SRC – BM Bronze Medallion Transition Course #1 [-22hrs]

**** UPDATE 7 Aug:** The First Aid Component being run on the 11th of August is now full. When you register for the SRC-BM course please select the 24th Aug as you First Aid Course date. All of those registered on the 11th August First Aid course date would have received a welcome email from Paul Berry (Trainer). If you haven't received this please urgently email / contact Jeff: 0400 320 514 or jbaxter@aps-supply.com. Thank you.

REGISTRATION LINK: <https://www.eventbrite.com/e/youth-src-bm-bronze-medallion-transition-course-1-tickets-952381989167?aff=oddtcreator>

The aim of this Bronze Medallion transition course is to provide participants with skills and knowledge related to surf awareness, aquatic rescue operations, radio operations, resuscitation, emergency care, spinal management, communication, teamwork and Surf Life Saving patrol operations. This award includes and builds upon the SLSA Surf Rescue Certificate, and it is the prerequisite award for many other SLS pathway awards.

It is recommended for SLS members who wish to:

- perform in the role of a qualified lifesaver after the age of 15 years
- participate in SLS surf sports competitions which require them to be proficient in the Bronze Medallion as a prerequisite condition
- progress through the SLS Aquatic Rescue or Powercraft award pathway.

Pre-requisites:

- Be a current 2024/2025 Season financial member of Sorrento SLSC
- Must be currently proficient in SRC (Surfguard reflective);
- Has completed their SRC less than 3 years prior to commencing this training.
- Will be 15 years on the date of the final assessment.
- MUST without exception attend ALL sessions unless there is an optional session.
- Must complete a 400m Qualifying Swim in less than 9 min.
- Has completed a minimum of 10 patrolling hours as a qualified SRC award holder (Surfguard reflective) in the 2023/2024 Season.

Court Dates & Components (There are 3 Compulsory Components to this Course: S1 - S3 below):

S1. First Aid / Resuscitation Component: MUST BE COMPLETED FIRST

11/8, FULL Sun: 8am - 4pm, Full Day First Aid Course (HLTAID011) - Option 1

Please only choose the 24/8),

24/8, Sat: 8am - 4pm, Full Day First Aid Course (HLTAID011) - Option 2

* Course work / logbook will be completed during the course

S2. BM Online Course Component:

Instructions to be provided once registrations close and will need to be completed prior to 5/9.

S3. Wet / Rescues / Spinal / Radio / Patrol Component:

5/9, Thur: Theory & Intro 6.00 - 7.30p

7/9, Sat: Wet 9.30 - 11.30a Beach

8/9, Sun: Wet 8.00 - 10.00a Beach

12/9, Thur: Theory 6.00 - 7.30p

14/9, Sat: Wet 9.30 - 11.30a Beach

15/9, Sun: Wet 8.00 - 10.00a Beach

21/9, Sat: Wet / Dry 8.00 - 11.00a Beach / Hall

22/9, Sun: Assessment 8.00a - Finish

NOTE: You will need to complete the First Aid / Resuscitation component FIRST either on 11th August or 24th August. If this isn't completed on either of these dates you will not be able to undertake the Wet / Rescue / Spinal components of the course and the final assessment.

4. Youth SRC – BM Bronze Medallion Transition Course #2 [Intensive: Summer Holidays]

Opening for registration Soon - Set the dates aside in your calendar

Capacity: 14-28

15/12, Sun HLT AID 011 [7-8H] - Date to be Confirmed

6/1, Tue, Wet/Theory 8.00a - 12.00p Beach

7/1, Wed, Wet 8.00a - 12.00p Beach

8/1, Thur, Wet + recap Dry in prep for Assessment 8.00a - 12.00p Beach / Hall

9/1, Fri, Wet + recap 8.00a - 12.00p Beach / Hall

10/1, Sat, Assessment 8.00a - Finish Beach/Hall

5. Youth SRC Course #1 [Thur/Sat/Sun - Aug-Oct]

Opening for registration Soon - Set the dates aside in your calendar

Capacity: 12-24 [Must be 13yrs of Age on/before 27/10 : A financial member : Swim Proficiency 200m under 5min]

29/8, Thurs: Intro to SRC Course 6-8pm Hall

19//9, Thurs: Dry 6-8pm Hall

22/9, Sun: Wet 8.00 - 10.00am Beach

5/10, Sat: Wet 9.30-11.30a Beach

6/10, Sun: Wet 8.00-10.00a Beach

10/10, Thur: Dry 6.00 - 8.00p Hall

13/10, Sun: Wet 8.00 - 10.00p Beach

17/10, Thur: Dry 6.00 - 8.00p Hall

19/10, Sat: Wet 9.30-11.30a Beach

20/10, Sun: Wet 8.00 - 10.00p Beach

27/10, Sun: Assessment 8.00a - Finish Beach / Hall

6. Youth SRC Course #2 [Intensive: Summer Holidays]

Opening for registration Soon - Set the dates aside in your calendar

Capacity: 12-24 [Must be 13yrs of Age on/before 27/10 : A financial member : Swim Proficiency 200m under 5min]

5/12, Thurs: Intro to SRC Course 6-8p Hall

16/12, Mon, Wet/Dry 8.00a - 12.00p Beach/Hall

17/12, Tue, Wet/Dry 8.00a - 12.00p Beach/Hall

18/12, Wed, Wet/Dry 8.00a - 12.00p Beach/Hall

19/12, Thur, Wet/Dry 8.00a - 12.00p Beach/Hall

20/12, Fri, Wet/Dry 8.00a - 12.00p Beach/Hall

21/12, Sat, Assessment Beach/Hall

7. SLSWA Youth Leadership Program (YLP) & Courses: Now Open for Booking

The YLP Course Schedule has been released for 2024/2025 Season. There are many ways you can get involved in the Youth Program. Find the best fit for you by following the below link to SLSWA's Youth Pathways page.

Youth Pathways Courses: https://www.mybeach.com.au/members/youth_program/pathways/ . Here you will find Links to the 2024/25 Youth Pathways Course Calendar. These courses are open for registration now! Use this link

Oct 4th Courses @ Trigg Island SLSC:

9am - 11am: Youth Official [Booking Link: <https://www.trybooking.com/events/landing/658356?eid=658356&>]

11am - 1pm: Youth Coach & Youth Age Manager [Booking Link: <https://www.trybooking.com/events/landing/670005?eid=670005&>]

1.30pm - 3.30pm: Youth Trainer [Booking Link: <https://www.trybooking.com/events/landing/669998?eid=669998&>]

